# On a variational problem with lack of compactness related to the Strichartz inequality 

Markus Kunze

Universität Essen, FB 6 - Mathematik, D-45117 Essen, Germany
e-mail: mkunze@ing-math.uni-essen.de


#### Abstract

We study a variational problem from nonlinear fiber optics which strongly lacks compactness, due to the absence of a priori bounds in spaces different from $L^{2}(\mathbb{R})$. A method is established how to restore this missing compactness by means of the dispersive properties inherent in the problem.


## 1 Introduction and main result

In this paper we consider the particular variational problem to minimize the functional

$$
\begin{equation*}
\varphi(u)=-\int_{0}^{1} \int_{\mathbb{R}}\left|\left(e^{i t \partial_{x}^{2}} u\right)(x)\right|^{4} d x d t \tag{1.1}
\end{equation*}
$$

under the constraint $u \in L^{2}=L^{2}(\mathbb{R} ; \mathbb{C})$ and $\int_{\mathbb{R}}|u|^{2} d x=\lambda$; here and henceforth $e^{i t \partial_{x}^{2}} u_{0}=U(t) u_{0}$ denotes the evolution operator of the free Schrödinger equation in one space dimension, i.e., $u(t, x)=\left(U(t) u_{0}\right)(x)$ solves

$$
\begin{equation*}
i u_{t}+u_{x x}=0, \quad u(0, x)=u_{0}(x) \tag{1.2}
\end{equation*}
$$

We will device a method to prove that a minimizer exists which also could be useful to handle similar problems associated to different dispersive equations. The functional $\varphi$ arises in nonlinear optics, and critical points correspond to ground states of so-called (time-averaged) dispersion managed optical fibers, in the case of zero residual dispersion; cf. [17] and the references therein for a derivation and additional motivation. In general, minimizers of the functional

$$
\begin{equation*}
\varphi^{(\varepsilon)}(u)=\frac{\varepsilon}{2} \int_{\mathbb{R}}\left|u^{\prime}\right|^{2} d x-\int_{0}^{1} \int_{\mathbb{R}}\left|\left(e^{i t \partial_{x}^{2}} u\right)(x)\right|^{4} d x d t \tag{1.3}
\end{equation*}
$$

under the constraint $u \in H^{1}=H^{1}(\mathbb{R} ; \mathbb{C})$ and $\int_{\mathbb{R}}|u|^{2} d x=\lambda$ are interpreted as ground states at residual dispersion $\sim \varepsilon$, hence the functional $\varphi=\varphi^{(\varepsilon=0)}$ from (1.1) formally arises as the singular perturbation limit $\varepsilon \rightarrow 0$ of (1.3). It has been shown in [17, 9] that the constrained minimization problem associated with (1.3) admits a solution, cf. also [16].

After these general remarks, we return to (1.1) to see what is the main difficulty. If we take a minimizing sequence $\left(u_{j}\right) \subset L^{2}$, i.e., $\left\|u_{j}\right\|_{L^{2}}^{2}=\lambda$ for $j \in \mathbb{N}$ and $\varphi\left(u_{j}\right) \rightarrow P_{\lambda}$ as $j \rightarrow \infty$, where

$$
\begin{equation*}
P_{\lambda}=\inf \left\{\varphi(u): u \in L^{2}, \int_{\mathbb{R}}|u|^{2} d x=\lambda\right\} \tag{1.4}
\end{equation*}
$$

we may assume $u_{j} \rightharpoonup u$ in $L^{2}$, but there is no a priori reason why this sequence should converge strongly in $L^{2}$. We will prove, however, that the dispersive properties of (1.2) are good enough to establish this strong convergence.

Usually in variational problems defined on the whole real axis (or on the whole space) one tries to apply the concentration compactness principle (henceforth abbreviated CCP) for the sequence $\left(u_{j}\right)$, cf. Section 3 below, to restore at least partial compactness, but without a $H^{1}$-bound on $\left(u_{j}\right)$ this seems to lead nowhere. We note that in case of the functional $\varphi^{(\varepsilon)}$ from (1.3) such a $H^{1}$-bound is available, and resolving several technical issues, in [17] the CCP could finally be made use of successfully.

To get a clue on how to handle the problem for $\varepsilon=0$, we first discuss the question of which additional degree of regularity for the minimizing sequence (besides $L^{2}$ ) would be sufficient to solve it. Since we are dealing with a $L^{2}$-problem, one could expect that a decomposition $u_{j}=u_{j}^{\text {reg }}+u_{j}^{\text {small }}$ into a $H^{1}$-part $u_{j}^{\text {reg }}$ and a remainder $u_{j}^{\text {small }}$ which is small in $L^{2}$ would allow to follow the $H^{1}$-proof for (1.3) 'up to $\varepsilon$ '. However, at this point it remains unclear whether a relation between the size of $\left\|u_{j}^{\text {reg }}\right\|_{H^{1}}$ and the size of $\left\|u_{j}^{\text {small }}\right\|_{L^{2}}$ were needed. By refining some of the arguments in [17], this issue could be settled, and as a first step it was possible to show that basically no relation between $\left\|u_{j}^{\text {reg }}\right\|_{H^{1}}$ and $\left\|u_{j}^{\text {small }}\right\|_{L^{2}}$ is necessary to make the argument work. So we may reformulate our initial question as follows: For a $L^{2}$-bounded sequence $\left(u_{j}\right)$, given $\varepsilon>0$, what is the minimal additional regularity that allows a decomposition $u_{j}=u_{j}^{\text {reg }}+u_{j}^{\text {small }}$, with $\left\|u_{j}^{\text {small }}\right\|_{L^{2}} \sim \varepsilon$ and $\left\|u_{j}^{\text {reg }}\right\|_{H^{1}} \sim R_{\varepsilon}$, uniformly in $j \in \mathbb{N}$ ? To answer this question, we fix a function $\phi \in C_{0}^{\infty}(\mathbb{R})$ with values in $[0,1]$ such that $\phi(\xi)=1$ for $|\xi| \leq 1$ and $\phi(\xi)=0$ for $|\xi| \geq 2$. For $R>0$ one defines $\phi_{R}(\xi)=\phi(\xi / R)$ to obtain

$$
\begin{equation*}
u_{j}=u_{j, R}^{\mathrm{reg}}+u_{j, R}^{\mathrm{small}}, \tag{1.5}
\end{equation*}
$$

where

$$
u_{j, R}^{\mathrm{reg}}=\left(\phi_{R} \hat{u}_{j}\right)^{\check{c}}=\check{\phi}_{R} * u_{j} \quad \text { and } \quad u_{j, R}^{\mathrm{small}}=\left(\left(1-\phi_{R}\right) \hat{u}_{j}\right)^{\check{c}}=\left(1-\phi_{R}\right)^{\check{2}} * u_{j}
$$

for $j \in \mathbb{N}$ and $R>0$. Then $\left\|u_{j, R}^{\mathrm{reg}}\right\|_{\dot{H}^{1}} \sim R$ will be large, and we are going to argue on what is needed to get $\left\|u_{j, R}^{\text {small }}\right\|_{L^{2}}$ small. For this, we observe that

$$
\left\|u_{j, R}^{\text {small }}\right\|_{L^{2}}^{2}=\int_{|\xi| \geq R}\left|\left(1-\phi_{R}\right) \hat{u}_{j}\right|^{2} d \xi \leq \int_{|\xi| \geq R}\left|\hat{u}_{j}\right|^{2} d \xi=1-\int_{|\xi|<R}\left|\hat{u}_{j}\right|^{2} d \xi
$$

Hence the basic regularity assumption we are looking for is

$$
\begin{equation*}
\text { for every } \varepsilon>0 \text { there exists } R=R_{\varepsilon}>0: \quad \int_{|\xi|<R}\left|\hat{u}_{j}\right|^{2} d \xi \geq 1-\varepsilon, \quad j \in \mathbb{N} \text {; } \tag{1.6}
\end{equation*}
$$

note that this assertion in particular holds in the case that $\left(u_{j}\right) \subset H^{s}$ is bounded for some $s>0$.
We remark that with respect to dispersive equations the usefulness of decomposing functions $u$ into a regular low-frequency part $u^{\text {reg }}$ and a small high-frequency part $u^{\text {small }}$ as in (1.5) has been observed for the first time in [2]. In this paper the global existence of solutions for critical nonlinear Schrödinger equations in two space dimensions is investigated, for data lying only in some $H^{s}$ with
$3 / 5<s<1$, instead of $H^{1}$. The basic idea was that the problem could then be considered as a small perturbation $\sim u^{\text {small }}$ of the same problem with regular data $u^{\text {reg }} \in H^{1}$ leading to $H^{1}$ solutions, for which conservation of energy could be used. The approach from [2] meanwhile found a large number of applications and improvements, cf. $[1,3,5,7,8,14]$ and many other papers. Note that we intend to rely on an analogous method: In the background, there is the $H^{1}$-problem (1.3), and we try to ' $\varepsilon$-shadow' this problem to find a minimizer of (1.1) by decomposing the $u_{j}$. However, the difference here is that we cannot assume any $H^{s}$-regularity for the $u_{j}$.

Having (1.6) in mind therefore the next step is to see how to find a minimizing sequence which satisfies this condition. First we note that, by Ekeland's variational principle, we may select the minimizing sequence in such a way that additionally $\lambda^{-1} P_{\lambda} u_{j}+Q\left(u_{j}\right) \rightarrow 0$ in $L^{2}$ holds, where $Q(u)$ is related to the gradient of $\varphi$ by $\varphi^{\prime}(u)=-4 Q(u)$, and

$$
\begin{equation*}
Q(u)=\int_{0}^{1} U(-t)\left(|U(t) u|^{2}(U(t) u)\right) d t, \quad u \in L^{2} \tag{1.7}
\end{equation*}
$$

We note in passing that, with a slight abuse of notation, $Q(u)=Q(u, u, u)$, where the trilinear $Q(\cdot, \cdot, \cdot)$ is given by

$$
\begin{equation*}
Q\left(u_{1}, u_{2}, u_{3}\right)=\int_{0}^{1} U(-t)\left(\left(U(t) u_{1}\right)\left(\overline{U(t) u_{2}}\right)\left(U(t) u_{3}\right)\right) d t, \quad u_{1}, u_{2}, u_{3} \in L^{2} \tag{1.8}
\end{equation*}
$$

Thus a possibility to ensure (1.6) would be to verify that $Q$ is slightly regularizing, in the sense that an estimate $\|Q(u)\|_{H^{s}} \leq C\|u\|_{L^{2}}^{3}$ holds for some (small) $s>0$. However, it follows from the Galilean invariance of the linear Schrödinger equation that such a bound cannot be satisfied, cf. Remark 2.3 below.

Nevertheless $Q$ is regularizing in a special way, to be explained next. Condition (1.6) just says that the sequence $\left(\hat{u}_{j}\right)$ is tight, in the sense of measures. This property can be realized as the first possibility of a CCP alternative, but applied to the sequence $\left(\hat{u}_{j}\right)$ instead of $\left(u_{j}\right)$. Hence it is sufficient to exclude the other two possibilities from the alternative in order to ensure (1.6). If the sequence ( $\hat{u}_{j}$ ) would not be tight, it were either 'vanishing', in the sense that it tends to zero in $L_{\xi}^{2}$ uniformly over every interval of fixed length, or it were 'splitting' into two parts with widely separated supports. The first of these cases somehow corresponds to the situation that frequency interactions over fixed finite distances are suppressed, e.g. in estimates involving the formula for $\hat{Q}\left(u_{j}\right):=\widehat{Q\left(u_{j}\right)}$. Moreover, splitting has a similar effect, since one has to take into account only the contributions of frequencies which differ a lot from each other, due to the support separation of the two parts. It then turned out that if either vanishing or splitting is additionally supposed for $\left(\hat{u}_{j}\right)$, then improved estimates on $\hat{Q}\left(u_{j}\right)$ are possible which are strong enough to exclude these two possibilities in the end. Hence we could verify that in fact every minimizing sequence satisfies (1.6), up to rotation and translation of the original sequence.

Thus the strategy for the proof can be summarized as follows:
First apply CCP to $\left(\hat{u}_{j}\right)$. Then: (a) If $\left(\hat{u}_{j}\right)$ is tight, then (1.6) holds and the decomposition (1.5) can be introduced. This leads to 'almost minimizing sequences' $\left(u_{j, R_{k}}^{\text {reg }}\right)_{j \in \mathbb{N}}$ which are $H^{1}$ bounded for every $k \in \mathbb{N}$; here a sequence $\varepsilon_{k} \rightarrow 0$ is fixed and $R_{k}=R_{\varepsilon_{k}}$ is chosen according to (1.6). Since now $H^{1}$-bounds are available it is then not difficult to prove, by means of a further application of the CCP now to $\left(u_{j}\right)$, that $\left(u_{j}\right)$ has a strongly convergent subsequence. (b) If $\left(\hat{u}_{j}\right)$ is 'vanishing', then study $\hat{Q}\left(u_{j}\right)$ which corresponds to the linearization of the functional in question, and which is a multiple convolution integral. Since frequency interactions over finite distances
do not contribute much by assumption, one can show that $\hat{Q}\left(u_{j}\right) \rightarrow 0$ strongly in $L^{2}$, whence $\varphi\left(u_{j}\right) \rightarrow 0$ in contradiction to the fact that $\left(u_{j}\right)$ is a minimizing sequence. (c) If ( $\hat{u}_{j}$ ) is 'splitting', then $\hat{u}_{j} \sim \hat{v}_{j}+\hat{w}_{j}$, and the supports of $\hat{v}_{j}$ and $\hat{w}_{j}$ are far apart. This can be used to prove, similarly to (b), that the 'cross terms' like $Q\left(v_{j}, v_{j}, w_{j}\right)$ in the expansion of $Q\left(u_{j}\right) \sim Q\left(v_{j}+w_{j}, v_{j}+w_{j}, v_{j}+w_{j}\right)$ are small, whence $Q\left(u_{j}\right) \sim Q\left(v_{j}\right)+Q\left(w_{j}\right)$ which in turn leads to $\varphi\left(u_{j}\right) \sim \varphi\left(v_{j}\right)+\varphi\left(w_{j}\right)$. Since either $v_{j}$ or $w_{j}$ has mass strictly less than 1 (uniformly in $j$ ), one can then derive a contradiction to the definition of $P_{1}$ in a standard way.

Upon elaborating the technical details, we obtain the following main result of this paper.
Theorem 1.1 For every $\lambda>0$ the minimization problem (1.4) admits a solution $u \in L^{2} \cap L^{\infty}$.
It should be noted that as a consequence of $P_{\lambda}=\lambda^{2} P_{1}$ (see Lemma 2.6 below) it will suffice to verify that $P_{1}$ has a solution.

Although the main motivation to study (1.4) came from nonlinear optics, let us also mention that Theorem 1.1 can be reformulated as saying that the best constant $C_{*}=-P_{1}>0$ for the Strichartz-type estimate

$$
\begin{equation*}
\int_{0}^{1} \int_{\mathbb{R}}\left|\left(e^{i t \partial_{x}^{2}} u\right)(x)\right|^{4} d x d t \leq C\|u\|_{L^{2}}^{4}, \quad u \in L^{2} \tag{1.9}
\end{equation*}
$$

is attained at some function $u_{*} \in L^{2}$. We remark that a different proof of the key property (1.6) can be given which does not rely on the application of the CCP to the sequence ( $\hat{u}_{j}$ ). Taking this route would lead to a considerable shortening of several technical arguments, mainly in Section 2. However, this particular simplification is only possible due to the fact that (1.9) is a 'subcritical' estimate. Since we found the method of a two-level application of the CCP to be new, and since in particular a further refinement of this approach recently could be used to show that also the best constant in the standard 'critical' $L_{t}^{6}\left(L_{x}^{6}\right)$-Strichartz estimate

$$
\int_{\mathbb{R}} \int_{\mathbb{R}}\left|\left(e^{i t \partial_{x}^{2}} u\right)(x)\right|^{6} d x d t \leq C\|u\|_{L^{2}}^{6}, \quad u \in L^{2}
$$

is attained [12], we decided to follow the general strategy of proof as outlined above.
The result of the present paper furthermore could be extended to prove that in the singular perturbation limit $\varepsilon \rightarrow 0$ minimizers $u^{(\varepsilon)}$ of the functional $\varphi^{(\varepsilon)}$ from (1.3) under the constraint $\int_{\mathbb{R}}\left|u^{(\varepsilon)}\right|^{2} d x=\lambda$ converge strongly in $L^{2}$ (up to selection of a subsequence, shift, and rotation) to a mimimizer $u$ of $P_{\lambda}$; see [11].

The paper is organized as follows. In Section 2 we collect some preliminary estimates, mainly of technical nature. Then in Section 3 we give some details on the CCP alternative in $L^{2}$, which seems to be unusual compared to the frequently found $H^{1}$-case. In Section 4 we finally carry out the proof of Theorem 1.1.

Concerning notation, we denote $L^{p}=L^{p}(\mathbb{R} ; \mathbb{C})$ and $H^{s}=H^{s}(\mathbb{R} ; \mathbb{C})$, with norms $\|\cdot\|_{L^{p}}$ and $\|\cdot\|_{H^{s}}$, respectively. The inner product on $L^{2}$ is $(u, v)_{L^{2}}=\int_{\mathbb{R}} u \bar{v} d x$, whereas the Fourier transform of $u \in L^{2}$ is $\hat{u}(\xi)=(2 \pi)^{-1 / 2} \int_{\mathbb{R}} e^{-i x \xi} u(x) d x$ with inverse $\check{u}$. By $C$ we denote unimportant positive numerical constants, in particular the factors $(2 \pi)^{-1 / 2}$ of $\hat{u}$ and $\check{u}$ will always be absorbed into some $C$.

## 2 Some auxiliary results and estimates

Since $\varphi$ is defined as a space-time integral, it can be expected that the (standard) Strichartz estimate for (1.2) will provide useful.

Lemma 2.1 Assume $q \in[4, \infty]$ and $r \in[2, \infty]$ are such that $2 / q=1 / 2-1 / r$. Then

$$
\|U(\cdot) u\|_{L_{t}^{q}\left(L_{x}^{r}\right)}:=\left(\int_{\mathbb{R}}\|U(t) u\|_{L^{r}}^{q} d t\right)^{1 / q} \leq C\|u\|_{L^{2}}, \quad u \in L^{2}
$$

with $C$ depending only on $q$.
Proof: Cf. [4, Thm. 3.2.5(i)].
Note in particular that the pair $(q, r)=(4,4)$ does not satisfy $2 / q=1 / 2-1 / r$, and therefore $\varphi(u)$ from (1.1) in general could be infinite, if in its definition $\int_{0}^{1}(\ldots) d t$ were replaced by $\int_{\mathbb{R}}(\ldots) d t$.

The next lemma states some elementary properties of $\varphi$ and its linearization.
Lemma 2.2 We have $\varphi \in C^{1}\left(L^{2}\right)$ and $\varphi^{\prime}(u)=-4 Q(u)$, where $Q(u)$ is given in (1.7). Then $\varphi(u)=-(Q(u), u)_{L^{2}}$, and the estimate

$$
\begin{gather*}
\left\|Q\left(u_{1}, u_{2}, u_{3}\right)-Q\left(v_{1}, v_{2}, v_{3}\right)\right\|_{L^{2}} \leq C\left(\left\|u_{2}\right\|_{L^{2}}\left\|u_{3}\right\|_{L^{2}}\left\|u_{1}-v_{1}\right\|_{L^{2}}+\left\|u_{3}\right\|_{L^{2}}\left\|v_{1}\right\|_{L^{2}}\left\|u_{2}-v_{2}\right\|_{L^{2}}\right. \\
\left.+\left\|v_{1}\right\|_{L^{2}}\left\|v_{2}\right\|_{L^{2}}\left\|u_{3}-v_{3}\right\|_{L^{2}}\right) \tag{2.1}
\end{gather*}
$$

holds for $u_{1}, u_{2}, u_{3}, v_{1}, v_{2}, v_{3} \in L^{2}$, with $Q\left(u_{1}, u_{2}, u_{3}\right)$ defined in (1.8). In particular, we have

$$
\begin{equation*}
\|Q(u)-Q(v)\|_{L^{2}} \leq C\left(\|u\|_{L^{2}}+\|v\|_{L^{2}}\right)^{2}\|u-v\|_{L^{2}}, \quad u, v \in L^{2} \tag{2.2}
\end{equation*}
$$

and moreover

$$
\begin{equation*}
\|Q(u)\|_{L^{2}} \leq C\|u\|_{L^{2}}^{3}, \quad u \in L^{2} \tag{2.3}
\end{equation*}
$$

and

$$
\begin{equation*}
|\varphi(u)-\varphi(v)| \leq C\left(\|u\|_{L^{2}}+\|v\|_{L^{2}}\right)^{3}\|u-v\|_{L^{2}}, \quad u, v \in L^{2} \tag{2.4}
\end{equation*}
$$

The Fourier transform of $Q(u) \in L^{2}$ is given by

$$
\begin{equation*}
\hat{Q}(u)(\xi)=\widehat{Q(u)}(\xi)=C i \int_{\mathbb{R}} \int_{\mathbb{R}} d \xi_{1} d \xi_{2}\left(\frac{1-e^{i \alpha\left(\xi, \xi_{1}, \xi_{2}\right)}}{\alpha\left(\xi, \xi_{1}, \xi_{2}\right)}\right) \hat{u}\left(\xi-\xi_{1}-\xi_{2}\right) \hat{\bar{u}}\left(\xi_{1}\right) \hat{u}\left(\xi_{2}\right) \tag{2.5}
\end{equation*}
$$

where

$$
\begin{equation*}
\alpha\left(\xi, \xi_{1}, \xi_{2}\right)=\xi^{2}-\left(\xi-\xi_{1}-\xi_{2}\right)^{2}+\xi_{1}^{2}-\xi_{2}^{2}=2\left(\xi_{1}+\xi_{2}\right)\left(\xi-\xi_{2}\right) \tag{2.6}
\end{equation*}
$$

Proof: First, $(Q(u), u)_{L^{2}}=\int_{\mathbb{R}} Q(u) \bar{u} d x=\int_{0}^{1} \int_{\mathbb{R}}|U(t) u|^{4} d x d t=-\varphi(u)$ follows from

$$
\begin{equation*}
\int_{\mathbb{R}}(U(-t) f) \bar{g} d x=\int_{\mathbb{R}} f(\overline{U(t) g}) d x, \quad f, g \in L^{2} . \tag{2.7}
\end{equation*}
$$

For (2.1) we note that $Q\left(u_{1}, u_{2}, u_{3}\right)-Q\left(v_{1}, v_{2}, v_{3}\right)=Q\left(u_{1}-v_{1}, u_{2}, u_{3}\right)+Q\left(v_{1}, u_{2}-v_{2}, u_{3}\right)+$ $Q\left(v_{1}, v_{2}, u_{3}-v_{3}\right)$, hence it suffices to show (2.1) for $v_{1}=v_{2}=v_{3}=0$. Due to $\|U(t) f\|_{L^{2}}=\|f\|_{L^{2}}$,
if we denote $u_{k}(t)=U(t) u_{k}$ for $k=1,2,3$ and use Hölder's inequality first in the $d x$-integral and then in the $d t$-integral, we obtain

$$
\begin{align*}
\left\|Q\left(u_{1}, u_{2}, u_{3}\right)\right\|_{L^{2}} & \leq \int_{0}^{1}\left\|u_{1}(t) \overline{u_{2}(t)} u_{3}(t)\right\|_{L^{2}} d t \leq \int_{0}^{1}\left\|u_{1}(t)\right\|_{L^{6}}\left\|u_{2}(t)\right\|_{L^{6}}\left\|u_{3}(t)\right\|_{L^{6}} d t \\
& \leq\left\|U(\cdot) u_{1}\right\|_{L_{t}^{6}\left(L_{x}^{6}\right)}\left\|U(\cdot) u_{2}\right\|_{L_{t}^{6}\left(L_{x}^{6}\right)}\left\|U(\cdot) u_{3}\right\|_{L_{t}^{6}\left(L_{x}^{6}\right)} \leq C\left\|u_{1}\right\|_{L^{2}}\left\|u_{2}\right\|_{L^{2}}\left\|u_{3}\right\|_{L^{2}}, \tag{2.8}
\end{align*}
$$

where in the last step we have used Strichartz' inequality (cf. Lemma 2.1) with $q=r=6$. Setting $u_{1}=u_{2}=u_{3}=u$ and $v_{1}=v_{2}=v_{3}=v,(2.2)$ follows from (2.1), and (2.3) is (2.2) with $v=0$. Concerning (2.4), we write $|\varphi(u)-\varphi(v)|=\left|(Q(u)-Q(v), u)_{L^{2}}+(Q(v), u-v)_{L^{2}}\right|$ and apply (2.2) and (2.3). Next, in view of $(\widehat{U(t) u})(\xi)=e^{-i t \xi^{2}} \hat{u}(\xi)$ and $\left(\widehat{\overline{U(t) u})}(\xi)=e^{i \xi^{2}} \hat{\bar{u}}(\xi)\right.$, the derivation of (2.5) is straightforward. Finally, in order to show $\varphi^{\prime}(u)=-4 Q(u)$ one expands $\varphi(u+h)-\varphi(u)$ and relies on estimates of the type used in (2.8).

Remark 2.3 We include a few comments why an estimate of the type $\|Q(u)\|_{H^{s}} \leq C\|u\|_{L^{2}}^{3}$ for some $s>0$ will not hold. For this we fix a function $u \in L^{2}$ and define $u_{N}(x)=e^{i N x} u(x)$ for $N \in \mathbb{N}$. Then $\left\|u_{N}\right\|_{L^{2}}=\|u\|_{L^{2}}$ is constant in $N$ and $\left(U(t) u_{N}\right)(x)=e^{i N x} e^{-i N^{2} t}(U(t) u)(x-2 N t)$ is found as the solution of the linear Schrödinger equation with initial data $u_{N}$. This implies that the function $Q\left(u_{N}\right)$ will be of the form $Q\left(u_{N}\right)(x)=e^{i N x} \phi_{N}(x)$, with the $\phi_{N}$ suitably well-behaved if $u$ is chosen regular enough. Therefore we will obtain $\left\|Q\left(u_{N}\right)\right\|_{H^{s}} \sim N^{s}$ tending to infinity as $N \rightarrow \infty$.

Lemma 2.4 Let $\mathbb{R}=\Omega_{1} \cup \Omega_{2}$. Then

$$
\begin{aligned}
& \left|\int_{0}^{1} \int_{\mathbb{R}}\left(U(t) u_{1}\right)\left(\overline{U(t) u_{2}}\right)\left(U(t) u_{3}\right)\left(\overline{U(t) u_{4}}\right) d x d t\right| \\
& \quad \leq C\left(\left\|U(\cdot) u_{i_{1}}\right\|_{L^{2}\left([0,1] \times \Omega_{1}\right)} \prod_{\substack{k=1 \\
k \neq i_{1}}}^{4}\left\|u_{k}\right\|_{L^{2}}+\left\|U(\cdot) u_{i_{2}}\right\|_{L^{2}\left([0,1] \times \Omega_{2}\right)} \prod_{\substack{k=1 \\
k \neq i_{2}}}^{4}\left\|u_{k}\right\|_{L^{2}}\right)
\end{aligned}
$$

for $u_{1}, u_{2}, u_{3}, u_{4} \in L^{2}$ and any $i_{1}, i_{2} \in\{1, \ldots, 4\}$. In particular,

$$
\begin{equation*}
\left|\int_{0}^{1} \int_{\mathbb{R}}\left(U(t) u_{1}\right)\left(\overline{U(t) u_{2}}\right)\left(U(t) u_{3}\right)\left(\overline{U(t) u_{4}}\right) d x d t\right| \leq C\left\|u_{1}\right\|_{L^{2}}\left\|u_{2}\right\|_{L^{2}}\left\|u_{3}\right\|_{L^{2}}\left\|u_{4}\right\|_{L^{2}} \tag{2.9}
\end{equation*}
$$

for $u_{1}, u_{2}, u_{3}, u_{4} \in L^{2}$.
Proof: We consider any $\Omega \subset \mathbb{R}$, and we are going to show that integrating over $x \in \Omega$ the bound $\sim C\left\|U(\cdot) u_{1}\right\|_{L^{2}([0,1] \times \Omega)}\left\|u_{2}\right\|_{L^{2}}\left\|u_{3}\right\|_{L^{2}}\left\|u_{4}\right\|_{L^{2}}$ can be derived; the argument applies in an analogous way, if it is a $U(\cdot) u_{k}$ different from $U(\cdot) u_{1}$ which should get the $L^{2}([0,1] \times \Omega)$-norm. Using Hölder's inequality in the $d x$-integral and then in the $d t$-integral, we have

$$
\begin{aligned}
& \left|\int_{0}^{1} \int_{\Omega}\left(U(t) u_{1}\right)\left(\overline{\left(U(t) u_{2}\right.}\right)\left(U(t) u_{3}\right)\left(\overline{U(t) u_{4}}\right) d x d t\right| \\
& \quad \leq \int_{0}^{1}\left\|U(t) u_{1}\right\|_{L^{2}(\Omega)}\left\|U(t) u_{2}\right\|_{L^{6}}\left\|U(t) u_{3}\right\|_{L^{6}}\left\|U(t) u_{4}\right\|_{L^{6}} d t \\
& \quad \leq\left(\int_{0}^{1}\left\|U(t) u_{1}\right\|_{L^{2}(\Omega)}^{2} d t\right)^{1 / 2}\left\|U(\cdot) u_{2}\right\|_{L_{t}^{6}\left(L_{x}^{6}\right)}\left\|U(\cdot) u_{3}\right\|_{L_{t}^{6}\left(L_{x}^{6}\right.}\left\|U(\cdot) u_{4}\right\|_{L_{t}^{6}\left(L_{x}^{6}\right)} \\
& \quad \leq C\left\|U(\cdot) u_{1}\right\|_{L^{2}([0,1] \times \Omega)}\left\|u_{2}\right\|_{L^{2}}\left\|u_{3}\right\|_{L^{2}}\left\|u_{4}\right\|_{L^{2}},
\end{aligned}
$$

the latter by Strichartz' estimate (cf. Lemma 2.1) with $q=r=6$.
The functional $\varphi$ is invariant under translation and rotation of $u$, in the following sense.
Lemma 2.5 Let $x_{0} \in \mathbb{R}, \xi_{0} \in \mathbb{R}$, and $u \in L^{2}$. Then $\varphi\left(u\left(\cdot+x_{0}\right)\right)=\varphi(u)$ and $\varphi\left(e^{i \xi_{0} x} u\right)=\varphi(u)$.
Proof: For the translation invariance, we note that

$$
\begin{equation*}
\left(U(t) u\left(\cdot+x_{0}\right)\right)(x)=(U(t) u)\left(x+x_{0}\right), \tag{2.10}
\end{equation*}
$$

since both sides have Fourier transform $e^{i x_{0} \xi} e^{-i t \xi^{2}} \hat{u}(\xi)$. Hence $\varphi\left(u\left(\cdot+x_{0}\right)\right)=\varphi(u)$ follows from the definition of $\varphi$, cf. (1.1). Next, defining $v(x)=e^{i \xi_{0} x} u(x)$, we obtain $\hat{v}(\xi)=\hat{u}\left(\xi-\xi_{0}\right)$ and $\hat{\bar{v}}(\xi)=\hat{\bar{u}}\left(\xi+\xi_{0}\right)$. Thus (2.5) yields, by means of the transformation $\eta_{1}=\xi_{1}+\xi_{0}, \eta_{2}=\xi_{2}-\xi_{0}$, the relation

$$
\begin{aligned}
\hat{Q}(v)(\xi) & =C i \int_{\mathbb{R}} \int_{\mathbb{R}} d \xi_{1} d \xi_{2}\left(\frac{1-e^{i \alpha\left(\xi, \xi_{1}, \xi_{2}\right)}}{\alpha\left(\xi, \xi_{1}, \xi_{2}\right)}\right) \hat{u}\left(\xi-\xi_{1}-\xi_{2}-\xi_{0}\right) \hat{\bar{u}}\left(\xi_{1}+\xi_{0}\right) \hat{u}\left(\xi_{2}-\xi_{0}\right) \\
& =C i \int_{\mathbb{R}} \int_{\mathbb{R}} d \eta_{1} d \eta_{2}\left(\frac{1-e^{i \alpha\left(\xi, \eta_{1}-\xi_{0}, \eta_{2}+\xi_{0}\right)}}{\alpha\left(\xi, \eta_{1}-\xi_{0}, \eta_{2}+\xi_{0}\right)}\right) \hat{u}\left(\xi-\xi_{0}-\eta_{1}-\eta_{2}\right) \hat{\bar{u}}\left(\eta_{1}\right) \hat{u}\left(\eta_{2}\right) \\
& =\hat{Q}(u)\left(\xi-\xi_{0}\right),
\end{aligned}
$$

the latter in view of $\alpha\left(\xi, \eta_{1}-\xi_{0}, \eta_{2}+\xi_{0}\right)=2\left(\eta_{1}-\xi_{0}+\eta_{2}+\xi_{0}\right)\left(\xi-\eta_{2}-\xi_{0}\right)=\alpha\left(\xi-\xi_{0}, \eta_{1}, \eta_{2}\right)$, recall (2.6). Therefore we find from $\overline{\hat{v}}(\xi)=\overline{\hat{u}}\left(\xi-\xi_{0}\right)$ that $\varphi(v)=-\int_{\mathbb{R}} Q(v)(x) \bar{v}(x) d x=-\int_{\mathbb{R}} \hat{Q}(v)(\xi) \overline{\hat{v}}(\xi) d \xi=$ $-\int_{\mathbb{R}} \hat{Q}(u)\left(\xi-\xi_{0}\right) \overline{\hat{u}}\left(\xi-\xi_{0}\right) d \xi=\varphi(u)$.

Concerning the scaling of $P_{\lambda}$ in $\lambda$, the following result holds which also shows that $P_{\lambda}$ is finite and negative.

Lemma 2.6 For $\lambda>0$ we have $P_{\lambda}=\lambda^{2} P_{1}$, and there are constants $C_{1}, C_{2}>0$ such that $-C_{1} \lambda^{2} \leq$ $P_{\lambda} \leq-C_{2} \lambda^{2}$ is satisfied. In particular,

$$
\begin{equation*}
\varphi(u) \geq P_{\|u\|_{L^{2}}^{2}}=\|u\|_{L^{2}}^{4} P_{1}, \quad u \in L^{2} . \tag{2.11}
\end{equation*}
$$

Proof: If $u \in L^{2}$ is such that $\|u\|_{L^{2}}^{2}=\lambda$, then $v(x)=\lambda^{-1 / 2} u(x)$ has $\|v\|_{L^{2}}^{2}=1$, and $\varphi(u)=\lambda^{2} \varphi(v)$. This implies $P_{\lambda}=\lambda^{2} P_{1}$. Next, from (2.3) we find $|\varphi(u)|=\left|(Q(u), u)_{L^{2}}\right| \leq C_{1}\|u\|_{L^{2}}^{4}$, whence $P_{\lambda} \geq$ $-C_{1} \lambda^{2}$. Concerning the upper bound, we consider the particular data function $v(x)=A e^{-x^{2} / 2}$, with $A>0$ to be selected below; cf. [17, Appendix C]. Then $(U(t) v)(x)=\frac{A}{\sqrt{1+2 i t}} e^{-x^{2} /(2+4 i t)}$, and it follows that $\|v\|_{L^{2}}^{2}=A^{2} \sqrt{\pi}$ as well as

$$
-\varphi(v)=\int_{0}^{1} \int_{\mathbb{R}}|U(t) v|^{4} d x d t=\sqrt{\frac{\pi}{2}} A^{4} \int_{0}^{1} \frac{d t}{1+4 t^{2}}=\frac{\sqrt{\pi}}{2^{3 / 2}} \arctan (2) A^{4}
$$

To achieve $\|v\|_{L^{2}}^{2}=\lambda$ we set $A^{2}=\pi^{-1 / 2} \lambda$ and obtain $P_{\lambda} \leq \varphi(v)=-\frac{1}{2^{3 / 2} \sqrt{\pi}} \arctan (2) \lambda^{2}$, thus we can choose explicitly $C_{2}=2^{-3 / 2} \pi^{-1 / 2} \arctan (2) \cong 0.22$.

In the remaining part of this section we will derive some additional technical lemmas.

Lemma 2.7 Let $\left(u_{j}\right) \subset L^{2}$ be bounded and such that for any $A>0$

$$
\begin{equation*}
\lim _{j \rightarrow \infty} \sup _{x_{0} \in \mathbb{R}} \int_{x_{0}-A}^{x_{0}+A}\left|u_{j}\right|^{2} d x=0 \tag{2.12}
\end{equation*}
$$

holds, i.e., $\left(u_{j}\right)$ is 'vanishing'. With $\phi \in \mathcal{S}(\mathbb{R})$ (Schwartz functions) we define $u_{j}^{(l)}=\left(\phi \hat{u}_{j}\right)^{\text {º }}=\check{\phi} * u_{j}$. Then $\left(u_{j}^{(l)}\right)$ is also vanishing.

Proof: Let $A>0$ and $x_{0} \in \mathbb{R}$. Then

$$
\begin{align*}
I\left(A, x_{0}\right) & :=\int_{x_{0}-A}^{x_{0}+A}\left|u_{j}^{(l)}(x)\right|^{2} d x=\int_{x_{0}-A}^{x_{0}+A} d x\left|\int_{\mathbb{R}} \check{\phi}(y) u_{j}(x-y) d y\right|^{2} \\
& \leq \int_{-A}^{A} d x\left(\int_{\mathbb{R}}\left|\check{\phi}(y) \| u_{j}\left(x+x_{0}-y\right)\right| d y\right)^{2} \tag{2.13}
\end{align*}
$$

Since also $\check{\phi} \in \mathcal{S}(\mathbb{R})$, we have $|\check{\phi}(y)| \leq C(1+|y|)^{-2}$ for $y \in \mathbb{R}$. For fixed $R>0$ it hence follows from Hölder's inequality that

$$
\begin{equation*}
\int_{|y|>R}|\check{\phi}(y)|\left|u_{j}\left(x+x_{0}-y\right)\right| d y \leq C R^{-1} \int_{|y|>R} \frac{1}{1+|y|}\left|u_{j}\left(x+x_{0}-y\right)\right| d y \leq C R^{-1} \tag{2.14}
\end{equation*}
$$

On the other hand, in addition

$$
\begin{align*}
\int_{|y| \leq R}\left|\check{\phi}(y) \| u_{j}\left(x+x_{0}-y\right)\right| d y & \leq\|\check{\phi}\|_{L^{\infty}} \int_{|y| \leq R}\left|u_{j}\left(x+x_{0}-y\right)\right| d y \\
& \leq C R^{1 / 2}\left(\int_{x+x_{0}-R}^{x+x_{0}+R}\left|u_{j}(z)\right|^{2} d z\right)^{1 / 2} \tag{2.15}
\end{align*}
$$

holds. Using (2.14) and (2.15) in (2.13), we find for any $R>0$ the estimate

$$
I\left(A, x_{0}\right) \leq C A R^{-2}+C R \int_{-A}^{A} d x \int_{x+x_{0}-R}^{x+x_{0}+R}\left|u_{j}(z)\right|^{2} d z \leq C A R^{-2}+C A R \int_{x_{0}-(A+R)}^{x_{0}+(A+R)}\left|u_{j}(z)\right|^{2} d z
$$

with $C$ depending only on $\sup _{y \in \mathbb{R}}|\check{\phi}(y)|(1+|y|)^{2},\|\check{\phi}\|_{L^{\infty}}$, and $\sup _{j \in \mathbb{N}}\left\|u_{j}\right\|_{L^{2}}$ (thus it would suffice that these quantities were bounded). Therefore

$$
\begin{equation*}
\sup _{x_{0} \in \mathbb{R}} \int_{x_{0}-A}^{x_{0}+A}\left|u_{j}^{(l)}\right|^{2} d x \leq C A R^{-2}+C A R \sup _{x_{0} \in \mathbb{R}} \int_{x_{0}-(A+R)}^{x_{0}+(A+R)}\left|u_{j}\right|^{2} d x \tag{2.16}
\end{equation*}
$$

Given $\varepsilon>0$ we fix $R>0$ large enough such that $C A R^{-2} \leq \varepsilon / 2$. Then we apply (2.12) with $A$ replaced by $A+R$ to find $j_{0} \in \mathbb{N}$ with the property that the second term on the right-hand side of (2.16) is $\leq \varepsilon / 2$ for $j \geq j_{0}$. Thus we obtain $\sup _{x_{0} \in \mathbb{R}} \int_{x_{0}-A}^{x_{0}+A}\left|u_{j}^{(l)}\right|^{2} d x \leq \varepsilon$ for $j \geq j_{0}$, and this yields the claim.

Lemma 2.8 For $u \in H^{1}, t \in[0,1]$, and $A \geq 1$ we have

$$
\begin{equation*}
\int_{\mathbb{R}}|U(t) u|^{4} d x \leq C\left(\sup _{x_{0} \in \mathbb{R}} \int_{x_{0}-2 A}^{x_{0}+2 A}|u|^{2} d x+A^{-1}\|u\|_{L^{2}}\|u\|_{H^{1}}\right)\|u\|_{H^{1}}^{2} \tag{2.17}
\end{equation*}
$$

Proof: First we recall that for every $t \in \mathbb{R}$ and $A>0$ the estimate

$$
\begin{equation*}
\int_{-A}^{A}|U(t) u|^{2} d x \leq \int_{-2 A}^{2 A}|u|^{2} d x+C A^{-1}|t|\|u\|_{L^{2}}\left\|u^{\prime}\right\|_{L^{2}} \tag{2.18}
\end{equation*}
$$

holds, cf. [3, Lemma 8.33]; a similar result is in [17, Thm. 7.1], and see [10, Lemma 2.5] for the version stated here. To include a short proof, we fix $t>0, A>0$, and a function $\beta \in C_{0}^{\infty}\left(\mathbb{R}^{n}\right)$ taking values in $[0,1]$ such that $\beta(x)=1$ for $|x| \leq A$ and $\beta(x)=0$ for $|x| \geq 2 A$. Then we can suppose that $\left\|\beta^{\prime}\right\|_{L^{\infty}} \leq C A^{-1}$. Writing $u(t, x)=(U(t) u)(x)$, (1.2) shows that with $I(t)=$ $\int_{\mathbb{R}}|u(t, x)|^{2} \beta(x) d x$ we have $\dot{I}(t)=(-2) \operatorname{Im} \int_{\mathbb{R}} \bar{u}(t, x) \partial_{x} u(t, x) \beta^{\prime}(x) d x$. Therefore we obtain

$$
\begin{aligned}
\int_{-A}^{A}|u(t, x)|^{2} d x & \leq I(t)=I(0)+\int_{0}^{t} \dot{I}(s) d s \\
& \leq \int_{-2 A}^{2 A}|u(x)|^{2} d x+C A^{-1} \int_{0}^{t}\|u(s)\|_{L^{2}}\left\|\partial_{x} u(s)\right\|_{L^{2}} d s \\
& =\int_{-2 A}^{2 A}|u(x)|^{2} d x+C A^{-1} t\|u\|_{L^{2}}\left\|u^{\prime}\right\|_{L^{2}},
\end{aligned}
$$

where it has been used that (1.2) preserves every $H^{s}$-norm. Next we recall the general inequality

$$
\begin{equation*}
\int_{\mathbb{R}}|u|^{4} d x \leq C\left(\sup _{x_{0} \in \mathbb{R}} \int_{x_{0}-1}^{x_{0}+1}|u|^{2} d x\right)\|u\|_{H^{1}}^{2} \tag{2.19}
\end{equation*}
$$

from [4, Lemma 8.3.7]; a proof of this is as follows. By the Sobolev embedding theorem we have $\|u\|_{L^{\infty}(]-1,1[)} \leq C\|u\|_{H^{1}(]-1,1[)}$, and therefore by translation invariance $\|u\|_{L^{\infty}\left(\mid x_{0}-1, x_{0}+1[)\right.} \leq$ $C\|u\|_{H^{1}\left(\mid x_{0}-1, x_{0}+1\right]}$ for all $x_{0} \in \mathbb{R}$, with $C>0$ independent of $x_{0}$. This yields

$$
\begin{aligned}
\int_{\mathbb{R}}|u|^{4} d x & =\sum_{k \in 2 \mathbb{Z}} \int_{k-1}^{k+1}|u|^{4} d x \leq \sum_{k \in 2 \mathbb{Z}}\left(\|u\|_{L^{\infty}([k-1, k+1])}^{2} \int_{k-1}^{k+1}|u|^{2} d x\right) \\
& \leq C\left(\sup _{x_{0} \in \mathbb{R}} \int_{x_{0}-1}^{x_{0}+1}|u|^{2} d x\right) \sum_{k \in 2 \mathbb{Z}}\|u\|_{H^{1}(] k-1, k+1[)}^{2}=C\left(\sup _{x_{0} \in \mathbb{R}} \int_{x_{0}-1}^{x_{0}+1}|u|^{2} d x\right)\|u\|_{H^{1}}^{2} .
\end{aligned}
$$

From (2.19) and (2.18), it follows with (2.10) that for $t \in[0,1]$ and $A \geq 1$ we have

$$
\begin{aligned}
\int_{\mathbb{R}}|U(t) u|^{4} d x & \leq C\left(\sup _{x_{0} \in \mathbb{R}} \int_{x_{0}-1}^{x_{0}+1}|(U(t) u)(x)|^{2} d x\right)\|U(t) u\|_{H^{1}}^{2} \\
& =C\left(\sup _{x_{0} \in \mathbb{R}} \int_{-1}^{1}\left|(U(t) u)\left(x_{0}+z\right)\right|^{2} d z\right)\|u\|_{H^{1}}^{2} \\
& \leq C\left(\sup _{x_{0} \in \mathbb{R}} \int_{-A}^{A}\left|U(t) u\left(x_{0}+\cdot\right)\right|^{2} d z\right)\|u\|_{H^{1}}^{2} \\
& \leq C\left(\sup _{x_{0} \in \mathbb{R}}\left[\int_{-2 A}^{2 A}\left|u\left(x_{0}+\cdot\right)\right|^{2} d x+A^{-1}\left\|u\left(x_{0}+\cdot\right)\right\|_{L^{2}}\left\|u\left(x_{0}+\cdot\right)^{\prime}\right\|_{L^{2}}\right]\right)\|u\|_{H^{1}}^{2} \\
& \leq C\left(\sup _{x_{0} \in \mathbb{R}} \int_{x_{0}-2 A}^{x_{0}+2 A}|u|^{2} d x+A^{-1}\|u\|_{L^{2}}\|u\|_{H^{1}}\right)\|u\|_{H^{1}}^{2},
\end{aligned}
$$

as was to be shown.

Lemma 2.9 Assume $u, v, w, h \in L^{2}$ are such that $u=v+w+h$ and $\|h\|_{L^{2}} \leq 1$. Then

$$
\begin{aligned}
|\varphi(u)-\varphi(v)-\varphi(w)| \leq & C\left(1+\|u\|_{L^{2}}^{3}+\|v\|_{L^{2}}^{3}+\|w\|_{L^{2}}^{3}\right)\|h\|_{L^{2}} \\
& +C\left(\left|\Lambda_{1}(v, w)\right|+\left|\Lambda_{2}(v, w)\right|+\left|\Lambda_{3}(v, w)\right|+\Lambda_{4}(v, w)\right)
\end{aligned}
$$

with the remainder terms

$$
\begin{align*}
& \Lambda_{1}(v, w)=\int_{0}^{1} \int_{\mathbb{R}}(U(t) v)^{2}(\overline{U(t) w})^{2} d x d t, \quad \Lambda_{2}(v, w)=\int_{0}^{1} \int_{\mathbb{R}}|U(t) v|^{2}(U(t) v)(\overline{U(t) w}) d x d t \\
& \Lambda_{3}(v, w)=\int_{0}^{1} \int_{\mathbb{R}}|U(t) w|^{2}(U(t) v)(\overline{U(t) w}) d x d t, \quad \Lambda_{4}(v, w)=\int_{0}^{1} \int_{\mathbb{R}}|U(t) v|^{2}|U(t) w|^{2} d x d t \tag{2.20}
\end{align*}
$$

Proof: By expanding $|v+w+h|^{4}$ for $u, v, h \in \mathbb{C}$, one obtains a formula for $\varphi(u)$ which is then divided into a part where at least one of the factors is $h$ and a remainder part; cf. [17, (2)] for a similar calculation. The remainder part leads to the terms $\Lambda_{1}, \ldots, \Lambda_{4}$. On the other hand, the part with the $h$ 's consists of summands each of which can be written in either of the forms

$$
\int_{0}^{1} \int_{\mathbb{R}}\left(U(t) f_{1}\right)\left(\overline{U(t) f_{2}}\right)\left(U(t) f_{3}\right)(\overline{U(t) h}) d x d t \quad \text { or } \quad \int_{0}^{1} \int_{\mathbb{R}}\left(\overline{U(t) f_{1}}\right)\left(U(t) f_{2}\right)\left(\overline{U(t) f_{3}}\right)(U(t) h) d x d t
$$

for some $f_{1}, f_{2}, f_{3} \in\{u, v, w, h\}$. Hence the desired bound on this part with the $h$ 's follows from (2.9) and $\|h\|_{L^{2}} \leq 1$.

Lemma 2.10 For every $u \in L^{2}$ and $A>\delta>0$ the estimate

$$
\begin{equation*}
\int_{\mathbb{R}}|\hat{Q}(u)|^{2} d \xi \leq C\|u\|_{L^{2}}^{6}\left(\delta+A^{-1 / 2} \delta^{-1 / 2}\right)+C\|u\|_{L^{2}}^{5} A \hat{\Gamma}(A)^{1 / 2} \tag{2.22}
\end{equation*}
$$

holds, where

$$
\hat{\Gamma}(A):=\sup _{\xi_{0} \in \mathbb{R}} \int_{\xi_{0}-A}^{\xi_{0}+A}|\hat{u}|^{2} d \xi, \quad A>0
$$

denotes the concentration function of $\hat{u}$.
Proof: Defining $\Phi=\overline{\hat{Q}(u)}$, we have $\|\Phi\|_{L^{2}}=\|Q(u)\|_{L^{2}} \leq C\|u\|_{L^{2}}^{3}$ by (2.3), and also

$$
\begin{aligned}
\int_{\mathbb{R}}|\hat{Q}(u)|^{2} d \xi & =\int_{\mathbb{R}} \hat{Q}(u)(\xi) \Phi(\xi) d \xi \\
& =C i \int_{\mathbb{R}} d \xi \Phi(\xi) \int_{\mathbb{R}} \int_{\mathbb{R}} d \xi_{1} d \xi_{2}\left(\frac{1-e^{i \alpha\left(\xi, \xi_{1}, \xi_{2}\right)}}{\alpha\left(\xi, \xi_{1}, \xi_{2}\right)}\right) \hat{u}\left(\xi-\xi_{1}-\xi_{2}\right) \hat{\bar{u}}\left(\xi_{1}\right) \hat{u}\left(\xi_{2}\right)
\end{aligned}
$$

due to (2.5), with $\alpha\left(\xi, \xi_{1}, \xi_{2}\right)=2\left(\xi_{1}+\xi_{2}\right)\left(\xi-\xi_{2}\right)$. Using $\left|\frac{1}{\alpha}\left(1-e^{i \alpha}\right)\right| \leq C(1+|\alpha|)^{-1}$ and setting $\xi_{3}=\xi-\xi_{1}-\xi_{2}$, we hence obtain

$$
\begin{equation*}
\int_{\mathbb{R}}|\hat{Q}(u)|^{2} d \xi \leq C \int_{\mathbb{R}} \int_{\mathbb{R}} \int_{\mathbb{R}} d \xi_{1} d \xi_{2} d \xi_{3}\left(\frac{1}{1+\left|\left(\xi_{1}+\xi_{2}\right)\left(\xi_{1}+\xi_{3}\right)\right|}\right) \hat{\bar{u}}\left(\xi_{1}\right) \hat{u}\left(\xi_{2}\right) \hat{u}\left(\xi_{3}\right) \Phi\left(\xi_{1}+\xi_{2}+\xi_{3}\right) \tag{2.23}
\end{equation*}
$$

where here and henceforth we omit the absolute values on the functions for notational simplicity. We divide the domain of integration of the integral on the right-hand side as follows. Case 1: $\left|\xi_{1}+\xi_{2}\right| \leq \delta$ or $\left|\xi_{1}+\xi_{3}\right| \leq \delta$. Since the integral is symmetric in $\xi_{2}$ and $\xi_{3}$, it suffices to consider e.g. $\left|\xi_{1}+\xi_{2}\right| \leq \delta$. Then from Young's inequality, cf. [6, Cor. 4.5.2], it follows that

$$
\begin{align*}
& \int_{\mathbb{R}} \int_{\mathbb{R}} \int_{\mathbb{R}} d \xi_{1} d \xi_{2} d \xi_{3} \mathbf{1}_{\left\{\left|\xi_{1}+\xi_{2}\right| \leq \delta\right\}}(\ldots) \\
& \quad \leq \int_{\mathbb{R}} \int_{\mathbb{R}} \int_{\mathbb{R}} d \xi_{1} d \eta d \xi_{3} \mathbf{1}_{\{|\eta| \leq \delta\}} \hat{\bar{u}}\left(\xi_{1}\right) \hat{u}\left(\eta-\xi_{1}\right) \hat{u}\left(\xi_{3}\right) \Phi\left(\eta+\xi_{3}\right) \\
& \quad \leq C\|\hat{\bar{u}} * \hat{u}\|_{L^{\infty}}\|\hat{u} * \Phi(-)\|_{L^{\infty}} \delta \leq C\|\hat{\bar{u}}\|_{L^{2}}\|\hat{u}\|_{L^{2}}\|\hat{u}\|_{L^{2}}\|\Phi(-\cdot)\|_{L^{2}} \delta \leq C\|u\|_{L^{2}}^{6} \delta . \tag{2.24}
\end{align*}
$$

Case 2: $\left|\xi_{1}+\xi_{2}\right|>\delta$ and $\left|\xi_{1}+\xi_{3}\right|>\delta$. Case 2a: $\left|\xi_{1}+\xi_{2}\right| \leq A$ and $\left|\xi_{1}+\xi_{3}\right| \leq A$. Here we have

$$
\begin{align*}
& \int_{\mathbb{R}} \int_{\mathbb{R}} \int_{\mathbb{R}} d \xi_{1} d \xi_{2} d \xi_{3} \mathbf{1}_{\left\{\delta<\left|\xi_{1}+\xi_{2}\right| \leq A, \delta<\left|\xi_{1}+\xi_{3}\right| \leq A\right\}}(\ldots) \\
& \quad \leq C \int_{\mathbb{R}} d \xi_{1} \hat{\bar{u}}\left(\xi_{1}\right) \int_{\mathbb{R}} d \xi_{2} \mathbf{1}_{\left\{\left|\xi_{1}+\xi_{2}\right| \leq A\right\}} \hat{u}\left(\xi_{2}\right) \int_{-\xi_{1}-A}^{-\xi_{1}+A} d \xi_{3} \hat{u}\left(\xi_{3}\right) \Phi\left(\xi_{1}+\xi_{2}+\xi_{3}\right) \\
& \quad \leq C\|\Phi\|_{L^{2}} \int_{\mathbb{R}} d \xi_{1} \hat{\bar{u}}\left(\xi_{1}\right) \int_{\mathbb{R}} d \xi_{2} \mathbf{1}_{\left\{\left|\xi_{1}+\xi_{2}\right| \leq A\right\}} \hat{u}\left(\xi_{2}\right)\left(\int_{-\xi_{1}-A}^{-\xi_{1}+A}\left|\hat{u}\left(\xi_{3}\right)\right|^{2} d \xi_{3}\right)^{1 / 2} \\
& \quad \leq C\|u\|_{L^{2}}^{3} \hat{\Gamma}(A)^{1 / 2} \int_{\mathbb{R}} d \xi_{1} \hat{\bar{u}}\left(\xi_{1}\right)\left(\hat{u} * \mathbf{1}_{[-A, A]}\right)\left(-\xi_{1}\right) \\
& \quad \leq C\|u\|_{L^{2}}^{4} \hat{\Gamma}(A)^{1 / 2}\left\|\hat{u} * \mathbf{1}_{[-A, A]}\right\|_{L^{2}} \leq C\|u\|_{L^{2}}^{4} \hat{\Gamma}(A)^{1 / 2}\|\hat{u}\|_{L^{2}}\left\|\mathbf{1}_{[-A, A]}\right\|_{L^{1}} \\
& \quad \leq C\|u\|_{L^{2}}^{5} A \hat{\Gamma}(A)^{1 / 2} \tag{2.25}
\end{align*}
$$

once again by Young's inequality. Case 2b: $\left|\xi_{1}+\xi_{2}\right|>A$ or $\left|\xi_{1}+\xi_{3}\right|>A$. Since this case is again symmetric in $\xi_{2}$ and $\xi_{3}$, we may suppose that $\left|\xi_{1}+\xi_{2}\right|>A$. Case $\mathbf{2 b}(\mathbf{i}):\left|\xi_{1}+\xi_{2}\right| \geq\left|\xi_{1}+\xi_{3}\right|$. Then $1+\left|\left(\xi_{1}+\xi_{2}\right)\left(\xi_{1}+\xi_{3}\right)\right| \geq\left|\xi_{1}+\xi_{2}\right|\left|\xi_{1}+\xi_{3}\right| \geq\left|\xi_{1}+\xi_{2}\right|^{1 / 2}\left|\xi_{1}+\xi_{3}\right|^{3 / 2} \geq A^{1 / 2}\left|\xi_{1}+\xi_{3}\right|^{3 / 2}$. Introducing the notation $k(\xi)=\mathbf{1}_{\{|\xi|>\delta\}}|\xi|^{-3 / 2}$ and $k_{*}(\xi)=k(\xi)(\hat{u}(-\cdot) * \Phi)(\xi)$, this yields

$$
\begin{align*}
& \int_{\mathbb{R}} \int_{\mathbb{R}} \int_{\mathbb{R}} d \xi_{1} d \xi_{2} d \xi_{3} \mathbf{1}_{\left\{\left|\xi_{1}+\xi_{2}\right|>A,\left|\xi_{1}+\xi_{3}\right|>\delta,\left|\xi_{1}+\xi_{2}\right| \geq\left|\xi_{1}+\xi_{3}\right|\right\}}(\ldots) \\
& \quad \leq C A^{-1 / 2} \int_{\mathbb{R}} \int_{\mathbb{R}} \int_{\mathbb{R}} d \xi_{1} d \xi_{2} d \xi_{3} \mathbf{1}_{\left\{\left|\xi_{1}+\xi_{3}\right|>\delta\right\}}\left|\xi_{1}+\xi_{3}\right|^{-3 / 2} \hat{\bar{u}}\left(\xi_{1}\right) \hat{u}\left(\xi_{2}\right) \hat{u}\left(\xi_{3}\right) \Phi\left(\xi_{1}+\xi_{2}+\xi_{3}\right) \\
& \quad=C A^{-1 / 2} \int_{\mathbb{R}} \int_{\mathbb{R}} d \xi_{1} d \xi_{3} k\left(\xi_{1}+\xi_{3}\right)(\hat{u}(-\cdot) * \Phi)\left(\xi_{1}+\xi_{3}\right) \hat{\bar{u}}\left(\xi_{1}\right) \hat{u}\left(\xi_{3}\right) \\
& \quad=C A^{-1 / 2} \int_{\mathbb{R}} d \xi_{1} \hat{\bar{u}}\left(\xi_{1}\right)\left(k_{*} * \hat{u}(-\cdot)\right)\left(\xi_{1}\right) \leq C A^{-1 / 2}\|u\|_{L^{2}}\left\|k_{*} * \hat{u}(-\cdot)\right\|_{L^{2}} \leq C A^{-1 / 2}\|u\|_{L^{2}}^{2}\left\|k_{*}\right\|_{L^{1}} \\
& \quad \leq C A^{-1 / 2}\|u\|_{L^{2}}^{2}\|k\|_{L^{1}}\|\hat{u}(-\cdot) * \Phi\|_{L^{\infty}} \leq C A^{-1 / 2}\|u\|_{L^{2}}^{3}\|\Phi\|_{L^{2}}\|k\|_{L^{1}} \\
&  \tag{2.26}\\
& \leq C A^{-1 / 2}\|u\|_{L^{2}}^{6} \delta^{-1 / 2}
\end{align*}
$$

by further applications of Young's inequality and due to $\|k\|_{L^{1}}=4 \delta^{-1 / 2}$. Case $\mathbf{2 b} \mathbf{b}$ (ii): $\left|\xi_{1}+\xi_{3}\right| \geq$ $\left|\xi_{1}+\xi_{2}\right|$. Here we have $\left|\xi_{1}+\xi_{3}\right| \geq\left|\xi_{1}+\xi_{2}\right|>A$, thus $1+\left|\left(\xi_{1}+\xi_{2}\right)\left(\xi_{1}+\xi_{3}\right)\right| \geq A^{1 / 2}\left|\xi_{1}+\xi_{2}\right|^{3 / 2}$, and due to $\left|\xi_{1}+\xi_{2}\right|>\delta$ the reasoning of the previous case leads to the same bound (2.26) by exchanging $\xi_{3}$ and $\xi_{2}$. Taking together (2.24), (2.25), and (2.26), we obtain (2.22).

Lemma 2.11 Suppose $v, w \in L^{2}$ are such that, for some $\xi_{0} \in \mathbb{R}, \delta>0$, and $\xi_{1}^{*}, \xi_{2}^{*} \in \mathbb{R}$ with $\xi_{2}^{*}-\xi_{1}^{*} \geq 6 \delta^{-1}$, we have $\hat{v}(\xi)=0$ for $\left|\xi-\xi_{0}\right| \geq \xi_{1}^{*}+2 \delta^{-1}$ and $\hat{w}(\xi)=0$ for $\left|\xi-\xi_{0}\right| \leq \xi_{2}^{*}-2 \delta^{-1}$. Then

$$
\begin{align*}
\left|\int_{\mathbb{R}} Q(v, w, v) \bar{w} d x\right| & \leq C\|v\|_{L^{2}}^{2}\|w\|_{L^{2}}^{2} \delta^{1 / 3}  \tag{2.27}\\
\left|\int_{\mathbb{R}} Q(v, v, v) \bar{w} d x\right| & \leq C\|v\|_{L^{2}}^{3}\|w\|_{L^{2}} \delta^{1 / 3}  \tag{2.28}\\
\left|\int_{\mathbb{R}} Q(v, w, w) \bar{w} d x\right| & \leq C\|v\|_{L^{2}}\|w\|_{L^{2}}^{3} \delta^{1 / 3}  \tag{2.29}\\
\left|\int_{\mathbb{R}} Q(v, v, w) \bar{w} d x\right| & \leq C\|v\|_{L^{2}}^{2}\|w\|_{L^{2}}^{2} \delta^{1 / 3} \tag{2.30}
\end{align*}
$$

with $C>0$ independent of $\xi_{0}, \delta, \xi_{1}^{*}$, and $\xi_{2}^{*}$; recall (1.8) for the definition of $Q(\cdot, \cdot, \cdot)$.
Proof: We note that in general, analogously to (2.5),

$$
\begin{aligned}
\int_{\mathbb{R}} Q\left(u_{1}, u_{2}, u_{3}\right) \bar{u}_{4} d x & =\int_{\mathbb{R}} \widehat{Q}\left(u_{1}, u_{2}, u_{3}\right) \overline{\hat{u}}_{4} d \xi \\
& =C i \int_{\mathbb{R}} d \xi \overline{\hat{u}}_{4}(\xi) \int_{\mathbb{R}} \int_{\mathbb{R}} d \xi_{1} d \xi_{2}\left(\frac{1-e^{i \alpha\left(\xi, \xi_{1}, \xi_{2}\right)}}{\alpha\left(\xi, \xi_{1}, \xi_{2}\right)}\right) \hat{u}_{1}\left(\xi-\xi_{1}-\xi_{2}\right) \hat{\bar{u}}_{2}\left(\xi_{1}\right) \hat{u}_{3}\left(\xi_{2}\right),
\end{aligned}
$$

with $\alpha\left(\xi, \xi_{1}, \xi_{2}\right)=2\left(\xi_{1}+\xi_{2}\right)\left(\xi-\xi_{2}\right)$. Thus, as in the preceding Lemma 2.10,

$$
\begin{align*}
& \left|\int_{\mathbb{R}} Q\left(u_{1}, u_{2}, u_{3}\right) \bar{u}_{4} d x\right| \\
& \quad \leq C \int_{\mathbb{R}} \int_{\mathbb{R}} \int_{\mathbb{R}} d \xi_{1} d \xi_{2} d \xi_{3}\left(\frac{1}{1+\left|\left(\xi_{1}+\xi_{2}\right)\left(\xi_{1}+\xi_{3}\right)\right|}\right) \hat{\bar{u}}_{2}\left(\xi_{1}\right) \hat{u}_{3}\left(\xi_{2}\right) \hat{u}_{1}\left(\xi_{3}\right) \bar{u}_{4}\left(\xi_{1}+\xi_{2}+\xi_{3}\right) \tag{2.31}
\end{align*}
$$

First we are going to verify (2.27). For $u_{1}=u_{3}=v$ and $u_{2}=u_{4}=w$, we will bound the right-hand side of (2.31) in a way similar to the proof of Lemma 2.10. We fix $\eta>0$. Case 1: $\left|\xi_{1}+\xi_{2}\right| \leq \eta$ or $\left|\xi_{1}+\xi_{3}\right| \leq \eta$. Note that the integral to be estimated is again symmetric in $\xi_{2}$ and $\xi_{3}$, thus we may restrict to the case $\left|\xi_{1}+\xi_{2}\right| \leq \eta$. But here

$$
\begin{equation*}
\int_{\mathbb{R}} \int_{\mathbb{R}} \int_{\mathbb{R}} d \xi_{1} d \xi_{2} d \xi_{3} \mathbf{1}_{\left\{\left|\xi_{1}+\xi_{2}\right| \leq \eta\right\}}(\ldots) \leq C\|v\|_{L^{2}}^{2}\|w\|_{L^{2}}^{2} \eta \tag{2.32}
\end{equation*}
$$

follows exactly by the argument leading to (2.24). Case 2: $\left|\xi_{1}+\xi_{2}\right|>\eta$ and $\left|\xi_{1}+\xi_{3}\right|>\eta$. Case 2(i): $\left|\xi_{1}+\xi_{2}\right| \geq\left|\xi_{1}+\xi_{3}\right|$. By assumption on the supports of $\hat{v}$ and $\hat{w}$, in order that $\hat{\bar{w}}\left(\xi_{1}\right) \hat{v}\left(\xi_{2}\right) \hat{v}\left(\xi_{3}\right) \overline{\hat{w}}\left(\xi_{1}+\xi_{2}+\xi_{3}\right)$ is non-zero, we must have

$$
\begin{gather*}
\left|\xi_{1}+\xi_{0}\right| \geq \xi_{2}^{*}-2 \delta^{-1}, \quad\left|\xi_{2}-\xi_{0}\right| \leq \xi_{1}^{*}+2 \delta^{-1}, \quad\left|\xi_{3}-\xi_{0}\right| \leq \xi_{1}^{*}+2 \delta^{-1}  \tag{2.33}\\
\text { and } \quad\left|\xi_{1}+\xi_{2}+\xi_{3}-\xi_{0}\right| \geq \xi_{2}^{*}-2 \delta^{-1} \tag{2.34}
\end{gather*}
$$

note $\hat{\bar{w}}\left(\xi_{1}\right)=\overline{\hat{w}}\left(-\xi_{1}\right)$. Therefore

$$
\begin{aligned}
1+\left|\left(\xi_{1}+\xi_{2}\right)\left(\xi_{1}+\xi_{3}\right)\right| & \geq\left|\left(\xi_{1}+\xi_{2}+\xi_{3}-\xi_{0}\right)+\left(\xi_{0}-\xi_{3}\right)\right|^{1 / 2}\left|\xi_{1}+\xi_{3}\right|^{3 / 2} \\
& \geq\left(\left[\xi_{2}^{*}-2 \delta^{-1}\right]-\left[\xi_{1}^{*}+2 \delta^{-1}\right]\right)^{1 / 2}\left|\xi_{1}+\xi_{3}\right|^{3 / 2} \geq\left(2 \delta^{-1}\right)^{1 / 2}\left|\xi_{1}+\xi_{3}\right|^{3 / 2}
\end{aligned}
$$

$$
\begin{align*}
& \int_{\mathbb{R}} \int_{\mathbb{R}} \int_{\mathbb{R}} d \xi_{1} d \xi_{2} d \xi_{3} \mathbf{1}_{\left\{\eta<\left|\xi_{1}+\xi_{3}\right| \leq\left|\xi_{1}+\xi_{2}\right|\right\}}(\ldots) \\
& \quad \leq C \delta^{1 / 2} \int_{\mathbb{R}} \int_{\mathbb{R}} \int_{\mathbb{R}} d \xi_{1} d \xi_{2} d \xi_{3} \mathbf{1}_{\left\{\left|\xi_{1}+\xi_{3}\right|>\eta\right\}}\left|\xi_{1}+\xi_{3}\right|^{-3 / 2} \hat{\bar{w}}\left(\xi_{1}\right) \hat{v}\left(\xi_{2}\right) \hat{v}\left(\xi_{3}\right) \overline{\hat{w}}\left(\xi_{1}+\xi_{2}+\xi_{3}\right) \\
& \quad \leq C \delta^{1 / 2} \eta^{-1 / 2}\|v\|_{L^{2}}^{2}\|w\|_{L^{2}}^{2}, \tag{2.35}
\end{align*}
$$

the latter estimate being obtained analogously to (2.26). Case 2(ii): $\left|\xi_{1}+\xi_{3}\right| \geq\left|\xi_{1}+\xi_{2}\right|$. Here (2.34) and (2.33) imply $1+\left|\left(\xi_{1}+\xi_{2}\right)\left(\xi_{1}+\xi_{3}\right)\right| \geq\left|\xi_{1}+\xi_{2}\right|^{3 / 2}\left|\left(\xi_{1}+\xi_{2}+\xi_{3}-\xi_{0}\right)-\left(\xi_{2}-\xi_{0}\right)\right|^{1 / 2} \geq$ $\left(2 \delta^{-1}\right)^{1 / 2}\left|\xi_{1}+\xi_{2}\right|^{3 / 2}$, hence $\left|\xi_{1}+\xi_{2}\right|>\eta$ shows that the same reasoning as in the previous case once more leads to the bound (2.35). Summarizing (2.32) and (2.35), we have seen that for any $\eta>0$ the bound

$$
\left|\int_{\mathbb{R}} Q(v, w, v) \bar{w} d x\right| \leq C\|v\|_{L^{2}}^{2}\|w\|_{L^{2}}^{2}\left(\eta+\delta^{1 / 2} \eta^{-1 / 2}\right)
$$

holds. Choosing $\eta=\delta^{1 / 3}$, we obtain (2.27).
Concerning (2.28), we use (2.31) with $u_{1}=u_{2}=u_{3}=v$ and $u_{4}=w$. Then the resulting expression is once more symmetric in $\xi_{2}$ and $\xi_{3}$. We distinguish cases as before and obtain the bound $C\|v\|_{L^{2}}^{3}\|w\|_{L^{2}} \eta$ in Case 1. For Case 2(i) and Case 2(ii), we need to have

$$
\begin{gathered}
\left|\xi_{1}+\xi_{0}\right| \leq \xi_{1}^{*}+2 \delta^{-1}, \quad\left|\xi_{2}-\xi_{0}\right| \leq \xi_{1}^{*}+2 \delta^{-1}, \quad\left|\xi_{3}-\xi_{0}\right| \leq \xi_{1}^{*}+2 \delta^{-1} \\
\text { and } \quad\left|\xi_{1}+\xi_{2}+\xi_{3}-\xi_{0}\right| \geq \xi_{2}^{*}-2 \delta^{-1}
\end{gathered}
$$

for $\hat{\bar{v}}\left(\xi_{1}\right) \hat{v}\left(\xi_{2}\right) \hat{v}\left(\xi_{3}\right) \overline{\hat{w}}\left(\xi_{1}+\xi_{2}+\xi_{3}\right)$ not to vanish. Thus $\left|\xi_{1}+\xi_{2}\right| \geq\left|\xi_{1}+\xi_{3}\right|$ implies $1+\left|\left(\xi_{1}+\xi_{2}\right)\left(\xi_{1}+\xi_{3}\right)\right| \geq$ $\left|\left(\xi_{1}+\xi_{2}+\xi_{3}-\xi_{0}\right)-\left(\xi_{3}-\xi_{0}\right)\right|^{1 / 2}\left|\xi_{1}+\xi_{3}\right|^{3 / 2} \geq\left(2 \delta^{-1}\right)^{1 / 2}\left|\xi_{1}+\xi_{3}\right|^{3 / 2}$, and under the assumption $\left|\xi_{1}+\xi_{3}\right| \geq\left|\xi_{1}+\xi_{2}\right|$ we find $1+\left|\left(\xi_{1}+\xi_{2}\right)\left(\xi_{1}+\xi_{3}\right)\right| \geq\left|\xi_{1}+\xi_{2}\right|^{3 / 2}\left|\left(\xi_{1}+\xi_{2}+\xi_{3}-\xi_{0}\right)-\left(\xi_{2}-\xi_{0}\right)\right|^{1 / 2} \geq$ $\left(2 \delta^{-1}\right)^{1 / 2}\left|\xi_{1}+\xi_{2}\right|^{3 / 2}$. Hence we can proceed as for (2.27) to verify (2.28).

Next, to see (2.29) we apply (2.31) with $u_{1}=v$ and $u_{2}=u_{3}=u_{4}=w$, and we only check the relevant estimates from Case 2(i) and Case 2(ii); note that although here the integral from (2.31) is not symmetric in $\xi_{2}$ and $\xi_{3}$, the estimates from Case 1 go through without problems, leading to the bound $C\|v\|_{L^{2}}\|w\|_{L^{2}}^{3} \eta$. Now we have

$$
\begin{gathered}
\left|\xi_{1}+\xi_{0}\right| \geq \xi_{2}^{*}-2 \delta^{-1}, \quad\left|\xi_{2}-\xi_{0}\right| \geq \xi_{2}^{*}-2 \delta^{-1}, \quad\left|\xi_{3}-\xi_{0}\right| \leq \xi_{1}^{*}+2 \delta^{-1} \\
\text { and } \quad\left|\xi_{1}+\xi_{2}+\xi_{3}-\xi_{0}\right| \geq \xi_{2}^{*}-2 \delta^{-1}
\end{gathered}
$$

as necessary conditions for $\hat{\bar{w}}\left(\xi_{1}\right) \hat{w}\left(\xi_{2}\right) \hat{v}\left(\xi_{3}\right) \overline{\hat{w}}\left(\xi_{1}+\xi_{2}+\xi_{3}\right)$ to be non-zero. In case that $\left|\xi_{1}+\xi_{2}\right| \geq$ $\left|\xi_{1}+\xi_{3}\right|$ we once more have $1+\left|\left(\xi_{1}+\xi_{2}\right)\left(\xi_{1}+\xi_{3}\right)\right| \geq\left|\left(\xi_{1}+\xi_{2}+\xi_{3}-\xi_{0}\right)-\left(\xi_{3}-\xi_{0}\right)\right|^{1 / 2}\left|\xi_{1}+\xi_{3}\right|^{3 / 2} \geq$ $\left(2 \delta^{-1}\right)^{1 / 2}\left|\xi_{1}+\xi_{3}\right|^{3 / 2}$. On the other hand, if $\left|\xi_{1}+\xi_{3}\right| \geq\left|\xi_{1}+\xi_{2}\right|$, then we use $\left|\xi_{1}+\xi_{2}\right|=\mid\left(\xi_{1}+\xi_{2}+\right.$ $\left.\xi_{3}-\xi_{0}\right)+\left(\xi_{0}-\xi_{3}\right) \mid \geq\left(\xi_{2}^{*}-2 \delta^{-1}\right)-\left(\xi_{1}^{*}+2 \delta^{-1}\right) \geq 2 \delta^{-1}$ to bound $1+\left|\left(\xi_{1}+\xi_{2}\right)\left(\xi_{1}+\xi_{3}\right)\right| \geq\left|\xi_{1}+\xi_{2}\right|^{2} \geq$ $\left(2 \delta^{-1}\right)^{1 / 2}\left|\xi_{1}+\xi_{2}\right|^{3 / 2}$. Hence we can again argue as before to show (2.29).

Finally, to prove (2.30), we use (2.31) with $u_{1}=u_{2}=v$ and $u_{3}=u_{4}=w$. Case 1 again goes through without problems, and for Case 2(i) and Case 2(ii) we note that here

$$
\begin{gathered}
\left|\xi_{1}+\xi_{0}\right| \leq \xi_{1}^{*}+2 \delta^{-1}, \quad\left|\xi_{2}-\xi_{0}\right| \geq \xi_{2}^{*}-2 \delta^{-1}, \quad\left|\xi_{3}-\xi_{0}\right| \leq \xi_{1}^{*}+2 \delta^{-1} \\
\text { and } \quad\left|\xi_{1}+\xi_{2}+\xi_{3}-\xi_{0}\right| \geq \xi_{2}^{*}-2 \delta^{-1}
\end{gathered}
$$

have to be satisfied in order that $\hat{\bar{v}}\left(\xi_{1}\right) \hat{w}\left(\xi_{2}\right) \hat{v}\left(\xi_{3}\right) \hat{\hat{w}}\left(\xi_{1}+\xi_{2}+\xi_{3}\right)$ does not vanish. Since in the proof of (2.29) (cf. the last step) only the estimates $\left|\xi_{3}-\xi_{0}\right| \leq \xi_{1}^{*}+2 \delta^{-1}$ and $\left|\xi_{1}+\xi_{2}+\xi_{3}-\xi_{0}\right| \geq \xi_{2}^{*}-2 \delta^{-1}$
have been used, and as these estimates can also be used here, we can proceed in the same way to deduce (2.30).

Lemma 2.12 We have $Q(u) \in L^{\infty}$ for $u \in L^{2}$, and

$$
\|Q(u)-Q(v)\|_{L^{\infty}} \leq C\left(\|u\|_{L^{2}}+\|v\|_{L^{2}}\right)^{2}\|u-v\|_{L^{2}}, \quad u, v \in L^{2} .
$$

In particular, $\|Q(u)\|_{L^{\infty}} \leq C\|u\|_{L^{2}}^{3}$ for $u \in L^{2}$.
Proof: From (1.7) and $\|U(t) f\|_{L^{\infty}} \leq C t^{-1 / 2}\|f\|_{L^{1}}$, cf. [4, Prop. 3.2.1], we obtain with $u(t)=U(t) u$ and $v(t)=U(t) v$, using Hölder's inequality in the $d x$-integral, that

$$
\begin{aligned}
& \|Q(u)-Q(v)\|_{L^{\infty}} \leq C \int_{0}^{1} t^{-1 / 2}\left\||u(t)|^{2} u(t)-|v(t)|^{2} v(t)\right\|_{L^{1}} d t \\
& \leq C \int_{0}^{1} t^{-1 / 2}\left(\left\||u(t)|^{2}[u(t)-v(t)]\right\|_{L^{1}}+\|u(t) v(t)[\bar{u}(t)-\bar{v}(t)]\|_{L^{1}}\right. \\
& \left.+\left\||v(t)|^{2}[u(t)-v(t)]\right\|_{L^{1}}\right) d t \\
& \leq C \int_{0}^{1} t^{-1 / 2}\left(\|u(t)\|_{L^{3}}^{2}\|u(t)-v(t)\|_{L^{3}}+\|u(t)\|_{L^{3}}\|v(t)\|_{L^{3}}\|u(t)-v(t)\|_{L^{3}}\right. \\
& \left.+\|v(t)\|_{L^{3}}^{2}\|u(t)-v(t)\|_{L^{3}}\right) d t \\
& \leq\left(\int_{0}^{1} t^{-2 / 3} d t\right)^{3 / 4}\left(\|U(\cdot) u\|_{L_{t}^{12}\left(L_{x}^{3}\right)}^{2}+\|U(\cdot) u\|_{L_{t}^{12}\left(L_{x}^{3}\right)}\|U(\cdot) v\|_{L_{t}^{12}\left(L_{x}^{3}\right)}\right. \\
& \left.+\|U(\cdot) v\|_{L_{t}^{12}\left(L_{x}^{3}\right)}^{2}\right)\|U(\cdot)(u-v)\|_{L_{t}^{12}\left(L_{x}^{3}\right)} \\
& \leq C\left(\|u\|_{L^{2}}+\|v\|_{L^{2}}\right)^{2}\|u-v\|_{L^{2}},
\end{aligned}
$$

where in the last two steps we have applied Hölder's inequality to the $d t$-integral and then Strichartz' estimate (cf. Lemma 2.1) with $q=12$ and $r=3$.

## 3 Concentration compactness in $L^{2}$

The 'concentration compactness principle' asserts that basically there are three possibilities for a ( $L^{2}$ or $H^{1}$-) bounded sequence of functions: either it is tight (in the sense of measures), or it is 'vanishing' (it tends to zero uniformly on every interval of fixed length), or it is 'splitting' (into two parts with supports widely separated). This principle has found its clear formulation and a large number of applications through P.-L. Lions [13]. Since we will need the very explicit form of alternative (3), we include some details, following [4, Lemma 8.3.8], [15, Sect. 4.3], or [17, Lemma 6.1].

Lemma 3.1 Let $\left(f_{j}\right) \subset L^{2}$ be a sequence such that $\left\|f_{j}\right\|_{L^{2}}=1$ for $j \in \mathbb{N}$. Then there is a subsequence (not relabelled) such that exactly one of the following three possibilities occurs.
(1) There exists a sequence $\left(z_{j}\right) \subset \mathbb{R}$ such that for every $\varepsilon>0$ there is $R=R_{\varepsilon}>0$ with the property that

$$
\int_{z_{j}-R}^{z_{j}+R}\left|f_{j}\right|^{2} d z \geq 1-\varepsilon, \quad j \in \mathbb{N}
$$

(2) For every $A>0$ we have

$$
\lim _{j \rightarrow \infty} \sup _{z_{0} \in \mathbb{R}} \int_{z_{0}-A}^{z_{0}+A}\left|f_{j}\right|^{2} d z=0
$$

(3) There is $\gamma \in] 0,1[$ with the following property. For every $\delta \in] 0, \gamma\left[\right.$ there exist $j_{0}=j_{0}(\delta) \in \mathbb{N}$ and $z_{1}^{*}, z_{2}^{*} \in \mathbb{R}$ with $z_{2}^{*}-z_{1}^{*} \geq 6 \delta^{-1}$ such that

$$
\begin{equation*}
\gamma-\delta<\sup _{z_{0} \in \mathbb{R}} \int_{z_{0}-z_{2}^{*}}^{z_{0}+z_{2}^{*}}\left|f_{j}\right|^{2} d z<\gamma+\delta, \quad j \geq j_{0} \tag{3.1}
\end{equation*}
$$

and for every $j \geq j_{0}$ we may select $z_{j} \in \mathbb{R}$ satisfying

$$
\begin{equation*}
\gamma-\delta<\int_{z_{j}-z_{1}^{*}}^{z_{j}+z_{1}^{*}}\left|f_{j}\right|^{2} d z<\gamma+\delta . \tag{3.2}
\end{equation*}
$$

In particular, if we fix functions $\rho, \theta \in C_{0}^{\infty}(\mathbb{R})$ with values in $[0,1]$ which satisfy $\rho(z)=1$ for $|z| \leq z_{1}^{*}, \rho(z)=0$ for $|z| \geq z_{1}^{*}+2 \delta^{-1}, \theta(z)=0$ for $|z| \leq z_{2}^{*}-2 \delta^{-1}$, and $\theta(z)=1$ for $|z| \geq z_{2}^{*}$, then defining $v_{j}(z)=\rho\left(z-z_{j}\right) f_{j}(z)$ and $w_{j}(z)=\theta\left(z-z_{j}\right) f_{j}(z)$ one obtains for $j \geq j_{0}$ the estimates

$$
\left\|f_{j}-\left(v_{j}+w_{j}\right)\right\|_{L^{2}}^{2} \leq 2 \delta, \quad\left|\left\|v_{j}\right\|_{L^{2}}^{2}-\gamma\right| \leq 3 \delta, \quad \text { and } \quad\left|\left\|w_{j}\right\|_{L^{2}}^{2}-(1-\gamma)\right| \leq 9 \delta
$$

Proof: The argument relies on the Lévy concentration functions $\Gamma_{j}(z)=\sup _{z_{0} \in \mathbb{R}} \int_{z_{0}-z}^{z_{0}+z}\left|f_{j}(y)\right|^{2} d y$. Then $0 \leq \Gamma_{j}(z) \leq 1$ and $\Gamma_{j}$ is non-decreasing. Hence there exists a subsequence of $\left(f_{j}\right)$, a countable set $E \subset \mathbb{R}$, and a non-negative and non-decreasing function $\Gamma$ such that $\Gamma_{j}(z) \rightarrow \Gamma(z)$ as $j \rightarrow \infty$ for every $z \in \mathbb{R} \backslash E$. With $\gamma:=\lim _{z \rightarrow \infty} \Gamma(z) \in[0,1]$, there are three possibilities: the cases $\gamma=1$ or $\gamma=0$ lead to alternative (1) or (2), respectively, cf. [4, Lemma 8.3.8] (here it is not needed that $\left(f_{j}\right)$ is bounded in $H^{1}$ ). So it remains to show that $\left.\gamma \in\right] 0,1[$ implies (3). To see this, we fix $\delta \in] 0, \gamma[$ and choose $z^{*} \in \mathbb{R}$ such that $\gamma-\delta<\Gamma(z) \leq \gamma$ for $z \geq z^{*}$. Then we take two widely separated points where $\Gamma_{j}$ converges to $\Gamma$, i.e., we take $z_{1}^{*}, z_{2}^{*} \in(\mathbb{R} \backslash E) \cap\left[z^{*}, \infty\left[\right.\right.$ with $z_{2}^{*}-z_{1}^{*} \geq 6 \delta^{-1}$ and $j_{0} \in \mathbb{N}$ such that $\gamma-\delta<\Gamma_{j}\left(z_{1}^{*}\right) \leq \Gamma_{j}\left(z_{2}^{*}\right)<\gamma+\delta$ for $j \geq j_{0}$. By definition of $\Gamma_{j}$, this yields (3.1), and moreover for every $j \geq j_{0}$ we find $z_{j} \in \mathbb{R}$ such that (3.2) holds. With $\rho$ and $\theta$ as in (3), we then define $v_{j}$ and $w_{j}$. In view of (3.1) and (3.2) we have

$$
\begin{equation*}
\int_{z_{1}^{*} \leq\left|z-z_{j}\right| \leq z_{2}^{*}}\left|f_{j}(z)\right|^{2} d z=\int_{z_{j}-z_{2}^{*}}^{z_{j}+z_{2}^{*}}\left|f_{j}\right|^{2} d z-\int_{z_{j}-z_{1}^{*}}^{z_{j}+z_{1}^{*}}\left|f_{j}\right|^{2} d z \leq \gamma+\delta-(\gamma-\delta)=2 \delta . \tag{3.3}
\end{equation*}
$$

Due to the support properties of $v_{j}$ and $w_{j}$ therefore

$$
\left\|f_{j}-\left(v_{j}+w_{j}\right)\right\|_{L^{2}}^{2} \leq \int_{z_{1}^{*} \leq\left|z-z_{j}\right| \leq z_{2}^{*}}\left|f_{j}(z)\right|^{2} d z \leq 2 \delta
$$

In addition, (3.2), $z_{1}^{*}+2 \delta^{-1} \leq z_{2}^{*}$, and (3.3) imply

$$
\left|\left\|v_{j}\right\|_{L^{2}}^{2}-\gamma\right|=\left.\left|\int_{z_{j}-z_{1}^{*}}^{z_{j}+z_{1}^{*}}\right| f_{j}(z)\right|^{2} d z-\gamma+\int_{z_{1}^{*} \leq\left|z-z_{j}\right| \leq z_{1}^{*}+2 \delta-1} \rho\left(z-z_{j}\right)^{2}\left|f_{j}(z)\right|^{2} d z \mid \leq 3 \delta .
$$

Finally, this and $\left\|f_{j}\right\|_{L^{2}}=1$ in turn yield

$$
\begin{aligned}
&\left|\left\|w_{j}\right\|_{L^{2}}^{2}-(1-\gamma)\right| \leq 3 \delta+\left|\left\|w_{j}\right\|_{L^{2}}^{2}+\left\|v_{j}\right\|_{L^{2}}^{2}-\left\|f_{j}\right\|_{L^{2}}^{2}\right| \\
&= 3 \delta+\mid \\
&+\int_{\left|z-z_{j}\right|>z_{2}^{*}}\left|f_{j}(z)\right|^{2} d z+\int_{z_{2}^{*}-2 \delta-1 \leq\left|z-z_{j}\right| \leq z_{2}^{*}} \theta\left(z-z_{j}\right)^{2}\left|f_{j}(z)\right|^{2} d z \\
& \quad-\int_{\mathbb{R}}\left|f_{j}(z)\right|^{2} d z+\int_{z_{1}^{*} \leq\left|z-z_{j}\right| \leq z_{1}^{*}+2 \delta^{-1}} \rho\left(z-\left.\right|^{2} d z \mid\right. \\
& \leq 3 \delta+\int_{z_{1}^{*} \leq\left|z-z_{j}\right| \leq z_{2}^{*}}\left|f_{j}(z)\right|^{2} d z+\int_{z_{2}^{*}-2 \delta^{-1} \leq\left|z-z_{j}\right| \leq z_{2}^{*}}\left|f_{j}(z)\right|^{2} d z \\
&+\int_{z_{1}^{*} \leq\left|z-z_{j}\right| \leq z_{1}^{*}+2 \delta^{-1}}\left|f_{j}(z)\right|^{2} d z \leq 9 \delta,
\end{aligned}
$$

where we have once more used $z_{1}^{*}+2 \delta^{-1} \leq z_{2}^{*}$ and (3.3).

## 4 Proof of Theorem 1.1

We consider a minimizing sequence for $P_{1}$, i.e., $\left(u_{j}\right) \subset L^{2}$ such that $\left\|u_{j}\right\|_{L^{2}}=1$ for $j \in \mathbb{N}$, and $\varphi\left(u_{j}\right) \rightarrow P_{1}$ as $j \rightarrow \infty$. Then also $\left\|\hat{u}_{j}\right\|_{L^{2}}=1$ for $j \in \mathbb{N}$, whence we can apply Lemma 3.1 to the sequence $\left(f_{j}\right)=\left(\hat{u}_{j}\right)$. The following three subsections 4.1, 4.2, and 4.3 deal with the three possibilities (1), (2), and (3) which then may occur according to Lemma 3.1.

### 4.1 Case (1): The Fourier transforms are tight

We assume that there is a sequence $\left(\xi_{j}\right) \subset \mathbb{R}$ such that for each $\varepsilon>0$ we may select $R=R_{\varepsilon}>0$ satisfying $\int_{\xi_{j}-R}^{\xi_{j}+R}\left|\hat{u}_{j}\right|^{2} d \xi \geq 1-\varepsilon$ for $j \in \mathbb{N}$. Letting $v_{j}(x)=e^{-i \xi_{j} x} u_{j}(x)$, we obtain $\left\|v_{j}\right\|_{L^{2}}=1$ and $\varphi\left(v_{j}\right)=\varphi\left(u_{j}\right)$ by Lemma 2.5. Hence $\left(v_{j}\right)$ is a minimizing sequence as well. In addition, $\hat{v}_{j}(\xi)=\hat{u}_{j}\left(\xi+\xi_{j}\right)$ leads to

$$
\int_{\xi_{j}-R}^{\xi_{j}+R}\left|\hat{u}_{j}(\xi)\right|^{2} d \xi=\int_{-R}^{R}\left|\hat{u}_{j}\left(\xi+\xi_{j}\right)\right|^{2} d \xi=\int_{-R}^{R}\left|\hat{v}_{j}(\xi)\right|^{2} d \xi .
$$

This argument shows that, passing to $\left(v_{j}\right)$ if necessary, w.l.o.g. we may suppose $\xi_{j}=0$ for all $j \in \mathbb{N}$, i.e.,

$$
\begin{equation*}
\forall \varepsilon>0 \quad \exists R=R_{\varepsilon}>0: \quad \int_{|\xi|<R}\left|\hat{u}_{j}\right|^{2} d \xi \geq 1-\varepsilon, \quad j \in \mathbb{N} ; \tag{4.1}
\end{equation*}
$$

this is the basic assumption of Section 4.1, and it is used to improve the original sequence $\left(u_{j}\right)$ as follows. We choose $\phi \in C_{0}^{\infty}(\mathbb{R})$ with values in $[0,1]$ such that $\phi(\xi)=1$ for $|\xi| \leq 1$ and $\phi(\xi)=0$ for
$|\xi| \geq 2$, and for $R>0$ we define $\phi_{R}(\xi)=\phi(\xi / R)$. With a fixed sequence $\varepsilon_{k} \rightarrow 0$ as $k \rightarrow \infty$, we select $R_{k}:=R_{\varepsilon_{k}}$ corresponding to $\varepsilon_{k}$ via (4.1) for $k \in \mathbb{N}$. Setting $\phi_{k}=\phi_{R_{k}}$, we decompose every $u_{j}$ in a regular low frequency part and an $L^{2}$-small high frequency part as

$$
\begin{equation*}
u_{j}=u_{j, k}^{(l)}+u_{j, k}^{(h)}, \quad j, k \in \mathbb{N}, \tag{4.2}
\end{equation*}
$$

where

Then for all $j, k \in \mathbb{N}$,

$$
\begin{equation*}
\left\|u_{j, k}^{(l)}\right\|_{\dot{H}^{1}}^{2}=\int_{\mathbb{R}}|\xi|^{2}\left|\phi_{k} \hat{u}_{j}\right|^{2} d \xi=\int_{|\xi| \leq 2 R_{k}}|\xi|^{2}\left|\phi_{k} \hat{u}_{j}\right|^{2} d \xi \leq C R_{k}^{2}\left\|\hat{u}_{j}\right\|_{L^{2}}^{2}=C R_{k}^{2} \tag{4.4}
\end{equation*}
$$

and also, by (4.1),

$$
\begin{equation*}
\left\|u_{j, k}^{(h)}\right\|_{L^{2}}^{2}=\int_{|\xi| \geq R_{k}}\left|\left(1-\phi_{k}\right) \hat{u}_{j}\right|^{2} d \xi \leq \int_{|\xi| \geq R_{k}}\left|\hat{u}_{j}\right|^{2} d \xi=1-\int_{|\xi|<R_{k}}\left|\hat{u}_{j}\right|^{2} d \xi \leq \varepsilon_{k} \tag{4.5}
\end{equation*}
$$

In addition,

$$
\begin{equation*}
\left\|u_{j, k}^{(l)}\right\|_{L^{2}} \leq\left\|\hat{u}_{j}\right\|_{L^{2}}=1 \tag{4.6}
\end{equation*}
$$

The next step consists in application of Lemma 3.1 to $\left(f_{j}\right)=\left(u_{j}\right)$, yielding a further subsequence $\left(u_{j^{\prime}}\right) \subset\left(u_{j}\right)$, which however will be not relabelled for notational convenience. The argument is divided further according to which one of the possibilities (1), (2), or (3) from Lemma 3.1 arises.

### 4.1.1 The case that the sequence $\left(u_{j}\right)$ is tight

We suppose that (1) in Lemma 3.1 occurs for $\left(u_{j}\right)$, i.e., there is a sequence $\left(x_{j}\right) \subset \mathbb{R}$ such that for every $\delta>0$ we find $M=M_{\delta}$ satisfying $\int_{x_{j}-M}^{x_{j}+M}\left|u_{j}\right|^{2} d x \geq 1-\delta$ for $j \in \mathbb{N}$. Setting $v_{j}(x)=u_{j}\left(x_{j}+x\right)$, we have $\left\|v_{j}\right\|_{L^{2}}=1$ as well as $\varphi\left(v_{j}\right)=\varphi\left(u_{j}\right)$, by Lemma 2.5. Thus $\left(v_{j}\right)$ is a minimizing sequence. Moreover, $\hat{v}_{j}(\xi)=e^{i x_{j} \xi} \hat{u}_{j}(\xi)$, whence (4.1) is satisfied for $\hat{v}_{j}$, too, and we could perform the same decomposition as above with $v_{j}$ in place of $u_{j}$, leading once more to (4.4) and (4.5). Finally,

$$
\int_{x_{j}-M}^{x_{j}+M}\left|u_{j}(x)\right|^{2} d x=\int_{-M}^{M}\left|u_{j}\left(x+x_{j}\right)\right|^{2} d x=\int_{-M}^{M}\left|v_{j}(x)\right|^{2} d x
$$

Hence we could consider $\left(v_{j}\right)$ instead of $\left(u_{j}\right)$, thereby achieving $x_{j}=0$ for all $j \in \mathbb{N}$. Thus we assume w.l.o.g. that

$$
\begin{equation*}
\forall \delta>0 \quad \exists M=M_{\delta}>0: \quad \int_{|x|<M}\left|u_{j}\right|^{2} d x \geq 1-\delta, \quad j \in \mathbb{N} . \tag{4.7}
\end{equation*}
$$

Since $\left(u_{j}\right) \subset L^{2}$ and $\left\|u_{j}\right\|_{L^{2}}=1$, we can suppose that $u_{j} \rightharpoonup u$ in $L^{2}$ as $j \rightarrow \infty$ for some $u \in L^{2}$ with $\|u\|_{L^{2}} \leq 1$. We fix $k \in \mathbb{N}$ and observe that, due to (4.4) and (4.6), $\left(u_{j, k}^{(l)}\right)_{j \in \mathbb{N}}$ is bounded in $H^{1}$ (by $\sim R_{k}$ ). Additionally, (4.5) implies that $\left(u_{j, k}^{(h)}\right)_{j \in \mathbb{N}}$ is bounded in $L^{2}$. Thus we can select a subsequence $\left(j^{\prime}\right) \subset \mathbb{N}$, depending on $k$, and $v_{k} \in H^{1}$ as well as $w_{k} \in L^{2}$ satisfying $u_{j^{\prime}, k}^{(l)} \rightharpoonup v_{k}$ in $H^{1}$ and $u_{j^{\prime}, k}^{(h)} \rightharpoonup w_{k}$ in $L^{2}$ as $j^{\prime} \rightarrow \infty$. In particular,

$$
\begin{equation*}
\left\|w_{k}\right\|_{L^{2}} \leq \liminf _{j^{\prime} \rightarrow \infty}\left\|u_{j^{\prime}, k}^{(h)}\right\|_{L^{2}} \leq \varepsilon_{k}^{1 / 2} \tag{4.8}
\end{equation*}
$$

by (4.5), and also $u=v_{k}+w_{k}$ in view of (4.2).
Next we fix $\delta>0$ and choose $M=M_{\delta}$ according to (4.7). By compactness of the embedding $H^{1} \subset L^{2}(]-M, M[)$, we see that $u_{j^{\prime}, k}^{(l)} \rightarrow v_{k}$ in $L^{2}(]-M, M[)$ as $j^{\prime} \rightarrow \infty$. Hence we obtain from (4.8), (4.2), (4.5) and (4.7) that

$$
\begin{aligned}
\|u\|_{L^{2}} & \geq\|u\|_{L^{2}(]-M, M[)}=\left\|v_{k}+w_{k}\right\|_{L^{2}(]-M, M[)} \geq\left\|v_{k}\right\|_{L^{2}(]-M, M[)}-\left\|w_{k}\right\|_{L^{2}} \\
& \geq \lim _{j^{\prime} \rightarrow \infty}\left\|u_{j^{\prime}, k}^{(l)}\right\|_{L^{2}(]-M, M[)}-\varepsilon_{k}^{1 / 2}=\lim _{j^{\prime} \rightarrow \infty}\left\|u_{j^{\prime}}-u_{j^{\prime}, k}^{(h)}\right\|_{L^{2}(]-M, M[)}-\varepsilon_{k}^{1 / 2} \\
& \geq \limsup _{j^{\prime} \rightarrow \infty}\left(\left\|u_{j^{\prime}}\right\|_{L^{2}(]-M, M[)}-\left\|u_{j^{\prime}, k}^{(h)}\right\|_{L^{2}}\right)-\varepsilon_{k}^{1 / 2} \\
& \geq \limsup _{j^{\prime} \rightarrow \infty}\left\|u_{j^{\prime}}\right\|_{L^{2}(]-M, M[)}-2 \varepsilon_{k}^{1 / 2} \geq(1-\delta)^{1 / 2}-2 \varepsilon_{k}^{1 / 2} .
\end{aligned}
$$

Taking successive limits $\delta \rightarrow 0$ and $k \rightarrow \infty$, it follows that $\|u\|_{L^{2}}=1=\lim _{j \rightarrow \infty}\left\|u_{j}\right\|_{L^{2}}$, and thus $u_{j} \rightharpoonup u$ in $L^{2}$ leads to $u_{j} \rightarrow u$ in $L^{2}$. Since $\varphi: L^{2} \rightarrow \mathbb{R}$ is continuous, cf. (2.4), and ( $u_{j}$ ) is a minimizing sequence, thus $\varphi$ has a minimizer, i.e., $P_{1}$ admits a solution.

### 4.1.2 The case that the sequence $\left(u_{j}\right)$ is vanishing

Throughout this subsection we assume that (1) in Lemma 3.1 holds for $\left(\hat{u}_{j}\right)$, whereas (2) in Lemma 3.1 occurs for $\left(u_{j}\right)$, i.e.,

$$
\begin{equation*}
\lim _{j \rightarrow \infty} \sup _{x_{0} \in \mathbb{R}} \int_{x_{0}-A}^{x_{0}+A}\left|u_{j}\right|^{2} d x=0 \tag{4.9}
\end{equation*}
$$

is satisfied for every $A>0$. Once again we will rely on decomposing the $u_{j}$ in low and high frequencies, cf. (4.2). For $k \in \mathbb{N}$ fixed we claim that

$$
\begin{equation*}
\lim _{j \rightarrow \infty} \varphi\left(u_{j, k}^{(l)}\right)=0 \tag{4.10}
\end{equation*}
$$

holds. To verify this, we first note that (4.9) in conjunction with Lemma 2.7 implies that also

$$
\begin{equation*}
\lim _{j \rightarrow \infty} \sup _{x_{0} \in \mathbb{R}} \int_{x_{0}-A}^{x_{0}+A}\left|u_{j, k}^{(l)}\right|^{2} d x=0 \tag{4.11}
\end{equation*}
$$

is satisfied for all $A>0$, since $k$ is fixed and $\phi_{k} \in C_{0}^{\infty}(\mathbb{R})$. As $u_{j, k}^{(l)} \in H^{1}$, we may invoke Lemma 2.8, and integrating (2.17) with $u=u_{j, k}^{(l)}$ over $t \in[0,1]$ it follows that for $A \geq 1$

$$
\begin{aligned}
\left|\varphi\left(u_{j, k}^{(l)}\right)\right| & =\int_{0}^{1} \int_{\mathbb{R}}\left|U(t) u_{j, k}^{(l)}\right|^{4} d x d t \leq C\left(\sup _{x_{0} \in \mathbb{R}} \int_{x_{0}-2 A}^{x_{0}+2 A}\left|u_{j, k}^{(l)}\right|^{2} d x+A^{-1}\left\|u_{j, k}^{(l)}\right\|_{L^{2}}\left\|u_{j, k}^{(l)}\right\|_{H^{1}}\right)\left\|u_{j, k}^{(l)}\right\|_{H^{1}}^{2} \\
& \leq C\left(\sup _{x_{0} \in \mathbb{R}} \int_{x_{0}-2 A}^{x_{0}+2 A}\left|u_{j, k}^{(l)}\right|^{2} d x+A^{-1} R_{k}\right) R_{k}^{2},
\end{aligned}
$$

where we have used (4.6) and (4.4) in the last step. Taking into account (4.11), we thus have shown (4.10). Next, according to (2.4), (4.2), (4.6) and (4.5) it follows that

$$
\begin{aligned}
\left|\varphi\left(u_{j}\right)\right| & \leq\left|\varphi\left(u_{j}\right)-\varphi\left(u_{j, k}^{(l)}\right)\right|+\left|\varphi\left(u_{j, k}^{(l)}\right)\right| \leq C\left(\left\|u_{j}\right\|_{L^{2}}+\left\|u_{j, k}^{(l)}\right\|_{L^{2}}\right)^{3}\left\|u_{j, k}^{(h)}\right\|_{L^{2}}+\left|\varphi\left(u_{j, k}^{(l)}\right)\right| \\
& \leq C \varepsilon_{k}^{1 / 2}+\left|\varphi\left(u_{j, k}^{(l)}\right)\right|
\end{aligned}
$$

for every $j, k \in \mathbb{N}$. Whence (4.10) implies $\lim _{\sup _{j \rightarrow \infty}}\left|\varphi\left(u_{j}\right)\right| \leq C \varepsilon_{k}^{1 / 2}$ for all $k \in \mathbb{N}$, and therefore $P_{1}=\lim _{j \rightarrow \infty} \varphi\left(u_{j}\right)=0$, in contradiction to Lemma 2.6. Thus the case considered in this Section 4.1.2 in fact cannot occur.

### 4.1.3 The case that the sequence $\left(u_{j}\right)$ is splitting

In this subsection we suppose that we have (1) in Lemma 3.1 for ( $\hat{u}_{j}$ ), but (3) in Lemma 3.1 holds for $\left(u_{j}\right)$. Thus we can once more use the decomposition of the $u_{j}$ in low and high frequencies, recall (4.2), but additionally we have $\gamma \in] 0,1\left[\right.$, where $\gamma=\lim _{x \rightarrow \infty} \Gamma(x)$. Here $\Gamma(x)=\lim _{j \rightarrow \infty} \Gamma_{j}(x)=$ $\lim _{j \rightarrow \infty} \sup _{x_{0} \in \mathbb{R}} \int_{x_{0}-x}^{x_{0}+x}\left|u_{j}\right|^{2} d y$ is the pointwise (outside a countable set) limit of the concentration functions corresponding to $\left(u_{j}\right)$. We now fix $\left.\delta \in\right] 0, \gamma\left[\right.$ and choose $j_{0} \in \mathbb{N}, x_{1}^{*}=z_{1}^{*} \in \mathbb{R}, x_{2}^{*}=z_{2}^{*} \in \mathbb{R}$, $x_{j}=z_{j}$ for $j \geq j_{0}$, and moreover the functions $\rho$ and $\theta$ as described in (3) of Lemma 3.1; all these quantities are depending on $\delta$. Defining $v_{j}(x)=\rho\left(x-x_{j}\right) u_{j}(x)$ and $w_{j}(x)=\theta\left(x-x_{j}\right) u_{j}(x)$, we recall that then $\left\|v_{j}\right\|_{L^{2}} \leq 1,\left\|w_{j}\right\|_{L^{2}} \leq 1$, and also

$$
\begin{equation*}
\left\|u_{j}-\left(v_{j}+w_{j}\right)\right\|_{L^{2}}^{2} \leq 2 \delta, \quad\left|\left\|v_{j}\right\|_{L^{2}}^{2}-\gamma\right| \leq 3 \delta, \quad \text { and } \quad\left|\left\|w_{j}\right\|_{L^{2}}^{2}-(1-\gamma)\right| \leq 9 \delta \tag{4.12}
\end{equation*}
$$

holds for $j \geq j_{0}$. Next we are going to transfer these estimates for every $k \in \mathbb{N}$ to the functions obtained in an analogous way from the low-frequency parts $u_{j, k}^{(l)}$ of $u_{j}$, cf. (4.3). To this end, we introduce

$$
v_{j, k}(x)=\rho\left(x-x_{j}\right) u_{j, k}^{(l)}(x) \quad \text { and } \quad w_{j, k}(x)=\theta\left(x-x_{j}\right) u_{j, k}^{(l)}(x) .
$$

Since $\rho$ and $\theta$ attain their values in $[0,1]$, it follows from (4.6) that

$$
\begin{equation*}
\left\|v_{j, k}\right\|_{L^{2}} \leq\left\|u_{j, k}^{(l)}\right\|_{L^{2}} \leq 1 \quad \text { and } \quad\left\|w_{j, k}\right\|_{L^{2}} \leq\left\|u_{j, k}^{(l)}\right\|_{L^{2}} \leq 1 \tag{4.13}
\end{equation*}
$$

Moreover, $v_{j, k} \in H^{1}$ and $w_{j, k} \in H^{1}$. Due to $\left\|\rho^{\prime}\right\|_{L^{\infty}} \sim \delta \leq 1$ and $\left\|\theta^{\prime}\right\|_{L^{\infty}} \sim \delta \leq 1$, we obtain, using (4.4), the bounds

$$
\begin{equation*}
\left\|v_{j, k}\right\|_{H^{1}}+\left\|w_{j, k}\right\|_{H^{1}} \leq C R_{k} \tag{4.14}
\end{equation*}
$$

The estimates from (4.12) are modified to

$$
\begin{gather*}
\left\|u_{j}-\left(v_{j, k}+w_{j, k}\right)\right\|_{L^{2}} \leq 2\left(\delta^{1 / 2}+\varepsilon_{k}^{1 / 2}\right), \quad\left|\left\|v_{j, k}\right\|_{L^{2}}^{2}-\gamma\right| \leq 3\left(\delta+\varepsilon_{k}^{1 / 2}\right)  \tag{4.15}\\
\text { and } \quad\left|\left\|w_{j, k}\right\|_{L^{2}}^{2}-(1-\gamma)\right| \leq 9\left(\delta+\varepsilon_{k}^{1 / 2}\right) \tag{4.16}
\end{gather*}
$$

for $j \geq j_{0}$ and $k \in \mathbb{N}$. Indeed, since $\rho$ attains values in $[0,1],(4.2)$ and (4.5) imply

$$
\left\|v_{j}-v_{j, k}\right\|_{L^{2}}^{2}=\int_{\mathbb{R}} \rho\left(x-x_{j}\right)^{2}\left|u_{j}(x)-u_{j, k}^{(l)}(x)\right|^{2} d x \leq\left\|u_{j}-u_{j, k}^{(l)}\right\|_{L^{2}}^{2}=\left\|u_{j, k}^{(h)}\right\|_{L^{2}}^{2} \leq \varepsilon_{k},
$$

and in the same way $\left\|w_{j}-w_{j, k}\right\|_{L^{2}}^{2} \leq \varepsilon_{k}$ follows, whence (4.15) and (4.16) are obtained. In particular, (4.15), (4.16), and (4.13) also yield

$$
\begin{equation*}
\left|\left\|v_{j, k}\right\|_{L^{2}}^{4}-\gamma^{2}\right| \leq 6\left(\delta+\varepsilon_{k}^{1 / 2}\right), \quad \text { and } \quad\left|\left\|w_{j, k}\right\|_{L^{2}}^{4}-(1-\gamma)^{2}\right| \leq 18\left(\delta+\varepsilon_{k}^{1 / 2}\right) . \tag{4.17}
\end{equation*}
$$

The next lemma derives a local bound on $\left|U(t) v_{j, k}\right|$ and $\left|U(t) w_{j, k}\right|$.
Lemma 4.1 In the notation introduced above, we have

$$
\int_{\left|x-x_{j}\right| \geq x_{2}^{*}-3 \delta^{-1}}\left|U(t) v_{j, k}\right|^{2} d x \leq C R_{k} \delta \quad \text { and } \quad \int_{\left|x-x_{j}\right| \leq x_{2}^{*}-3 \delta^{-1}}\left|U(t) w_{j, k}\right|^{2} d x \leq C R_{k} \delta,
$$

for every $t \in[0,1], j \geq j_{0}$ and $k \in \mathbb{N}$.

Proof: We can proceed similar to the proof of (2.18). To verify the estimate with $w_{j, k}$, we fix a function $\beta \in C_{0}^{\infty}(\mathbb{R})$ attaining values in $[0,1]$ such that $\beta(x)=1$ for $|x| \leq x_{2}^{*}-3 \delta^{-1}, \beta(x)=0$ for $|x| \geq x_{2}^{*}-2 \delta^{-1}$, and $\left\|\beta^{\prime}\right\|_{L^{\infty}} \leq C \delta$. With $I(t)=\int_{\mathbb{R}}\left|\left(U(t) w_{j, k}\right)(x)\right|^{2} \beta\left(x-x_{j}\right) d x$, and writing $w_{j, k}(t)=U(t) w_{j, k}$, it follows from (1.2), (4.13), and (4.14) that

$$
\begin{aligned}
\dot{I}(t) & =(-2) \operatorname{Im} \int_{\mathbb{R}} \bar{w}_{j, k}(t)\left(\partial_{x} w_{j, k}(t)\right) \beta^{\prime}\left(x-x_{j}\right) d x \\
& \leq C\left\|\beta^{\prime}\right\|_{L^{\infty}}\left\|w_{j, k}(t)\right\|_{L^{2}}\left\|\partial_{x} w_{j, k}(t)\right\|_{L^{2}} \leq C R_{k} \delta .
\end{aligned}
$$

Thus for $t \in[0,1]$ we obtain

$$
\int_{\left|x-x_{j}\right| \leq x_{2}^{*}-3 \delta^{-1}}\left|U(t) w_{j, k}\right|^{2} d x=\int_{\left|x-x_{j}\right| \leq x_{2}^{*}-3 \delta^{-1}}\left|\left(U(t) w_{j, k}\right)(x)\right|^{2} \beta\left(x-x_{j}\right) d x \leq I(t) \leq I(0)+C R_{k} \delta
$$

But

$$
I(0)=\int_{\mathbb{R}}\left|w_{j, k}(x)\right|^{2} \beta\left(x-x_{j}\right) d x=\int_{\left|x-x_{j}\right| \leq x_{2}^{*}-2 \delta^{-1}}\left|u_{j, k}^{(l)}(x)\right|^{2} \theta\left(x-x_{j}\right)^{2} \beta\left(x-x_{j}\right) d x=0
$$

since $\theta(z)=0$ for $|z| \leq x_{2}^{*}-2 \delta^{-1}$, cf. (3) in Lemma 3.1. Concerning the estimate with $v_{j, k}$, one can argue in an analogous way by fixing a function $\beta \in C_{0}^{\infty}(\mathbb{R})$ which attains its values in $[0,1]$ such that $\beta(x)=1$ for $|x| \geq x_{1}^{*}+3 \delta^{-1}$ and $\beta(x)=0$ for $|x| \leq x_{1}^{*}+2 \delta^{-1}$. Recalling $\rho(z)=0$ for $|z| \geq x_{1}^{*}+2 \delta^{-1}$, it then follows that

$$
\int_{\left|x-x_{j}\right| \geq x_{1}^{*}+3 \delta^{-1}}\left|U(t) v_{j, k}\right|^{2} d x \leq C R_{k} \delta
$$

and this yields the claimed estimated, as $x_{2}^{*}-x_{1}^{*} \geq 6 \delta^{-1}$ implies $\int_{\left|x-x_{j}\right| \geq x_{2}^{*}-3 \delta^{-1}}\left|U(t) v_{j, k}\right|^{2} d x \leq$ $\int_{\left|x-x_{j}\right| \geq x_{1}^{*}+3 \delta^{-1}}\left|U(t) v_{j, k}\right|^{2} d x$.

We now define $h_{j, k}=u_{j}-\left(v_{j, k}+w_{j, k}\right)$ and observe that $\left\|h_{j, k}\right\|_{L^{2}} \leq 2\left(\delta^{1 / 2}+\varepsilon_{k}^{1 / 2}\right)$ by (4.15). Then we apply Lemma 2.9 and (4.13) to obtain the bound

$$
\begin{align*}
& \left|\varphi\left(u_{j}\right)-\varphi\left(v_{j, k}\right)-\varphi\left(w_{j, k}\right)\right| \\
& \quad \leq C\left(1+\left\|u_{j}\right\|_{L^{2}}^{3}+\left\|v_{j, k}\right\|_{L^{2}}^{3}+\left\|w_{j, k}\right\|_{L^{2}}^{3}\right)\left\|h_{j, k}\right\|_{L^{2}} \\
& \quad+C\left(\left|\Lambda_{1}\left(v_{j, k}, w_{j, k}\right)\right|+\left|\Lambda_{2}\left(v_{j, k}, w_{j, k}\right)\right|+\left|\Lambda_{3}\left(v_{j, k}, w_{j, k}\right)\right|+\Lambda_{4}\left(v_{j, k}, w_{j, k}\right)\right) \\
& \quad \leq C\left(\delta^{1 / 2}+\varepsilon_{k}^{1 / 2}\right)+C\left(\left|\Lambda_{1}\left(v_{j, k}, w_{j, k}\right)\right|+\left|\Lambda_{2}\left(v_{j, k}, w_{j, k}\right)\right|+\left|\Lambda_{3}\left(v_{j, k}, w_{j, k}\right)\right|+\Lambda_{4}\left(v_{j, k}, w_{j, k}\right)\right) \tag{4.18}
\end{align*}
$$

with the remainder terms $\Lambda_{1}, \ldots, \Lambda_{4}$ as given in (2.20) and (2.21).
Lemma 4.2 The estimate

$$
\left|\Lambda_{1}\left(v_{j, k}, w_{j, k}\right)\right|+\left|\Lambda_{2}\left(v_{j, k}, w_{j, k}\right)\right|+\left|\Lambda_{3}\left(v_{j, k}, w_{j, k}\right)\right|+\Lambda_{4}\left(v_{j, k}, w_{j, k}\right) \leq C R_{k}^{1 / 2} \delta^{1 / 2}
$$

holds.

Proof: With $\Omega_{1}=\left\{x \in \mathbb{R}:\left|x-x_{j}\right| \geq x_{2}^{*}-3 \delta^{-1}\right\}$ and $\Omega_{2}=\left\{x \in \mathbb{R}:\left|x-x_{j}\right| \leq x_{2}^{*}-3 \delta^{-1}\right\}$, and moreover $u_{1}=u_{3}=v_{j, k}, u_{2}=u_{4}=w_{j, k}, i_{1}=1$, and $i_{2}=2$, it follows from Lemma 2.4, (4.13), and Lemma 4.1 that

$$
\begin{aligned}
\left|\Lambda_{1}\left(v_{j, k}, w_{j, k}\right)\right| & =\left|\int_{0}^{1} \int_{\mathbb{R}}\left(U(t) v_{j, k}\right)^{2}\left(\overline{U(t) w_{j, k}}\right)^{2} d x d t\right| \\
& \leq C\left(\left\|U(\cdot) v_{j, k}\right\|_{L^{2}\left([0,1] \times \Omega_{1}\right)}\left\|v_{j, k}\right\|_{L^{2}}\left\|w_{j, k}\right\|_{L^{2}}^{2}+\left\|U(\cdot) w_{j, k}\right\|_{L^{2}\left([0,1] \times \Omega_{2}\right)}\left\|v_{j, k}\right\|_{L^{2}}^{2}\left\|w_{j, k}\right\|_{L^{2}}\right) \\
& \leq C\left(\int_{0}^{1} \int_{\Omega_{1}}\left|U(t) v_{j, k}\right|^{2} d x d t\right)^{1 / 2}+C\left(\int_{0}^{1} \int_{\Omega_{2}}\left|U(t) w_{j, k}\right|^{2} d x d t\right)^{1 / 2} \\
& \leq C R_{k}^{1 / 2} \delta^{1 / 2} .
\end{aligned}
$$

The terms with $\Lambda_{2}, \Lambda_{3}$, and $\Lambda_{4}$ can be handled in the same way, the only important point is to note that each of these terms has at least one $v$-factor and at least one $w$-factor. Thus Lemma 2.4 can be applied to split the $d x$-integral and to integrate the respective factors over the sets on which they are small, by Lemma 4.1.

Using Lemma 4.2, we can continue in (4.18) and obtain

$$
\begin{equation*}
\left|\varphi\left(u_{j}\right)-\varphi\left(v_{j, k}\right)-\varphi\left(w_{j, k}\right)\right| \leq C\left(\delta^{1 / 2}+\varepsilon_{k}^{1 / 2}\right)+C R_{k}^{1 / 2} \delta^{1 / 2} \leq C\left(\varepsilon_{k}^{1 / 2}+R_{k}^{1 / 2} \delta^{1 / 2}\right) \tag{4.19}
\end{equation*}
$$

This estimate holds for all $k \in \mathbb{N}, \delta \in] 0, \gamma\left[\right.$, and $j \geq j_{0}(\delta)$, with however $v_{j, k}$ and $w_{j, k}$ depending on $\delta, j$, and $k$. Next, from (4.19), (2.11) in Lemma 2.6, and (4.17) it follows that

$$
\begin{aligned}
\varphi\left(u_{j}\right) & \geq \varphi\left(v_{j, k}\right)+\varphi\left(w_{j, k}\right)-C\left(\varepsilon_{k}^{1 / 2}+R_{k}^{1 / 2} \delta^{1 / 2}\right) \\
& \geq\left\|v_{j, k}\right\|_{L^{2}}^{4} P_{1}+\left\|w_{j, k}\right\|_{L^{2}}^{4} P_{1}-C\left(\varepsilon_{k}^{1 / 2}+R_{k}^{1 / 2} \delta^{1 / 2}\right) \\
& \geq \gamma^{2} P_{1}-6\left(\delta+\varepsilon_{k}^{1 / 2}\right)+(1-\gamma)^{2} P_{1}-18\left(\delta+\varepsilon_{k}^{1 / 2}\right)-C\left(\varepsilon_{k}^{1 / 2}+R_{k}^{1 / 2} \delta^{1 / 2}\right) \\
& \geq\left(\gamma^{2}+(1-\gamma)^{2}\right) P_{1}-C\left(\varepsilon_{k}^{1 / 2}+R_{k}^{1 / 2} \delta^{1 / 2}\right)
\end{aligned}
$$

Since we have got rid of the functions $v_{j, k}$ and $w_{j, k}$, we may take the limit $j \rightarrow \infty$ to find

$$
P_{1} \geq\left(\gamma^{2}+(1-\gamma)^{2}\right) P_{1}-C\left(\varepsilon_{k}^{1 / 2}+R_{k}^{1 / 2} \delta^{1 / 2}\right)
$$

recalling that $\left(u_{j}\right)$ is a minimizing sequence. This estimate is satisfied for all $\left.\delta \in\right] 0, \gamma[$ and all $k \in \mathbb{N}$. Hence we can pass successively to the limits first $\delta \rightarrow 0$ and then $k \rightarrow \infty$ to arrive at $P_{1} \geq\left(\gamma^{2}+(1-\gamma)^{2}\right) P_{1}$. Due to $P_{1}<0$, cf. Lemma 2.6, it follows that $\gamma(1-\gamma) \leq 0$, in contradiction to $\gamma \in] 0,1[$. Thus the case considered in the present Section 4.1.3 can also not occur.

### 4.2 Case (2): The Fourier transforms are vanishing

We consider the case that alternative (2) from Lemma 3.1 holds for ( $\hat{u}_{j}$ ), i.e., for every $A>0$ we have

$$
\begin{equation*}
\lim _{j \rightarrow \infty} \hat{\Gamma}_{j}(A)=0, \quad \text { where } \quad \hat{\Gamma}_{j}(A):=\sup _{\xi_{0} \in \mathbb{R}} \int_{\xi_{0}-A}^{\xi_{0}+A}\left|\hat{u}_{j}\right|^{2} d \xi \tag{4.20}
\end{equation*}
$$

According to Lemma 2.10, for every $A>\delta>0$ and $j \in \mathbb{N}$ the estimate

$$
\begin{aligned}
\int_{\mathbb{R}}\left|\hat{Q}\left(u_{j}\right)\right|^{2} d \xi & \leq C\left\|u_{j}\right\|_{L^{2}}^{6}\left(\delta+A^{-1 / 2} \delta^{-1 / 2}\right)+C\left\|u_{j}\right\|_{L^{2}}^{5} A \hat{\Gamma}_{j}(A)^{1 / 2} \\
& =C\left(\delta+A^{-1 / 2} \delta^{-1 / 2}\right)+C A \hat{\Gamma}_{j}(A)^{1 / 2}
\end{aligned}
$$

is satisfied. Given $\varepsilon>0$ we choose $\delta=\varepsilon$ and fix $A=\varepsilon^{-3}$. With this $A$ we apply (4.20) to find $j_{0} \in \mathbb{N}$ such that $A \hat{\Gamma}_{j}(A)^{1 / 2} \leq \varepsilon$ for $j \geq j_{0}$. Thus $\int_{\mathbb{R}}\left|\hat{Q}\left(u_{j}\right)\right|^{2} d \xi \leq C \varepsilon$ for $j \geq j_{0}$ shows that in fact

$$
\lim _{j \rightarrow \infty}\left\|Q\left(u_{j}\right)\right\|_{L^{2}}=\lim _{j \rightarrow \infty}\left\|\hat{Q}\left(u_{j}\right)\right\|_{L^{2}}=\lim _{j \rightarrow \infty}\left(\int_{\mathbb{R}}\left|\hat{Q}\left(u_{j}\right)\right|^{2} d \xi\right)^{1 / 2}=0
$$

is verified. Then we obtain from Lemma 2.2 that also $\left|\varphi\left(u_{j}\right)\right|=\left|\left(Q\left(u_{j}\right), u_{j}\right)_{L^{2}}\right| \leq\left\|Q\left(u_{j}\right)\right\|_{L^{2}} \rightarrow 0$, i.e., $0=\lim _{j \rightarrow \infty} \varphi\left(u_{j}\right)=P_{1}$, in contradiction to Lemma 2.6. Hence the case considered here can not occur.

### 4.3 Case (3): The Fourier transforms are splitting

In this section we suppose that alternative (3) from Lemma 3.1 is satisfied for $\left(\hat{u}_{j}\right)$. Then we have $\hat{\gamma} \in] 0,1\left[\right.$ for $\hat{\gamma}=\lim _{\xi \rightarrow \infty} \hat{\Gamma}(\xi)$, the function $\hat{\Gamma}$ being the pointwise limit (outside a countable set) of the concentration functions $\hat{\Gamma}_{j}(\xi):=\sup _{\xi_{0} \in \mathbb{R}} \int_{\xi_{0}-\xi}^{\xi_{0}+\xi}\left|\hat{u}_{j}\right|^{2} d \eta$ of the $\hat{u}_{j}$. We fix $\left.\delta \in\right] 0, \hat{\gamma}[$ and select $j_{0} \in \mathbb{N}, \xi_{1}^{*}=z_{1}^{*} \in \mathbb{R}, \xi_{2}^{*}=z_{2}^{*} \in \mathbb{R}, \xi_{j}=z_{j}$ for $j \geq j_{0}$, and moreover the functions $\rho$ and $\theta$ as stated in (3) of Lemma 3.1; once again, all these quantities are depending on $\delta$. With $a_{j}(\xi)=\rho\left(\xi-\xi_{j}\right) \hat{u}_{j}(\xi)$ and $b_{j}(\xi)=\theta\left(\xi-\xi_{j}\right) \hat{u}_{j}(\xi)$, we then have $\left\|a_{j}\right\|_{L^{2}} \leq 1,\left\|b_{j}\right\|_{L^{2}} \leq 1$, and in addition for $j \geq j_{0}$ the estimates $\left\|\hat{u}_{j}-\left(a_{j}+b_{j}\right)\right\|_{L^{2}}^{2} \leq 2 \delta,\left|\left\|a_{j}\right\|_{L^{2}}^{2}-\hat{\gamma}\right| \leq 3 \delta$, as well as $\left|\left\|b_{j}\right\|_{L^{2}}^{2}-(1-\hat{\gamma})\right| \leq 9 \delta$. Setting $v_{j}=\check{a}_{j}$ and $w_{j}=\check{b}_{j}$, this leads to $\left\|v_{j}\right\|_{L^{2}} \leq 1,\left\|w_{j}\right\|_{L^{2}} \leq 1$, and also

$$
\begin{equation*}
\left\|u_{j}-\left(v_{j}+w_{j}\right)\right\|_{L^{2}}^{2} \leq 2 \delta, \quad\left|\left\|v_{j}\right\|_{L^{2}}^{2}-\hat{\gamma}\right| \leq 3 \delta, \quad \text { and } \quad\left|\left\|w_{j}\right\|_{L^{2}}^{2}-(1-\hat{\gamma})\right| \leq 9 \delta \tag{4.21}
\end{equation*}
$$

for $j \geq j_{0}$. With $h_{j}=u_{j}-\left(v_{j}+w_{j}\right)$ then Lemma 2.9 implies

$$
\begin{align*}
\left|\varphi\left(u_{j}\right)-\varphi\left(v_{j}\right)-\varphi\left(w_{j}\right)\right| \leq & C\left(1+\left\|u_{j}\right\|_{L^{2}}^{3}+\left\|v_{j}\right\|_{L^{2}}^{3}+\left\|w_{j}\right\|_{L^{2}}^{3}\right)\left\|h_{j}\right\|_{L^{2}} \\
& +C\left(\left|\Lambda_{1}\left(v_{j}, w_{j}\right)\right|+\left|\Lambda_{2}\left(v_{j}, w_{j}\right)\right|+\left|\Lambda_{3}\left(v_{j}, w_{j}\right)\right|+\Lambda_{4}\left(v_{j}, w_{j}\right)\right) \\
\leq & C \delta^{1 / 2}+C\left(\left|\Lambda_{1}\left(v_{j}, w_{j}\right)\right|+\left|\Lambda_{2}\left(v_{j}, w_{j}\right)\right|+\left|\Lambda_{3}\left(v_{j}, w_{j}\right)\right|+\Lambda_{4}\left(v_{j}, w_{j}\right)\right) \tag{4.22}
\end{align*}
$$

the remainder terms $\Lambda_{1}, \ldots, \Lambda_{4}$ being defined in (2.20) and (2.21).
Lemma 4.3 We have the bound

$$
\left|\Lambda_{1}\left(v_{j}, w_{j}\right)\right|+\left|\Lambda_{2}\left(v_{j}, w_{j}\right)\right|+\left|\Lambda_{3}\left(v_{j}, w_{j}\right)\right|+\Lambda_{4}\left(v_{j}, w_{j}\right) \leq C \delta^{1 / 3}
$$

Proof: We are going to apply Lemma 2.11 with $v=v_{j}, w=w_{j}$, and $\xi_{0}=\xi_{j}$. Note that the support assumptions on $\hat{v}$ and $\hat{w}$ are satisfied, since $\hat{v}_{j}(\xi)=a_{j}(\xi)=\rho\left(\xi-\xi_{j}\right) \hat{u}_{j}(\xi)=0$ for $\left|\xi-\xi_{j}\right| \geq \xi_{1}^{*}+2 \delta^{-1}$, and also $\hat{w}_{j}(\xi)=b_{j}(\xi)=\theta\left(\xi-\xi_{j}\right) \hat{u}_{j}(\xi)=0$ for $\left|\xi-\xi_{j}\right| \leq \xi_{2}^{*}-2 \delta^{-1}$, see (3) in Lemma 3.1. Due to

$$
\Lambda_{1}\left(v_{j}, w_{j}\right)=\int_{0}^{1} \int_{\mathbb{R}}\left(U(t) v_{j}\right)^{2}\left(\overline{U(t) w_{j}}\right)^{2} d x d t=\int_{\mathbb{R}} Q\left(v_{j}, w_{j}, v_{j}\right) \overline{w_{j}} d x
$$

cf. (2.20), (1.8), and (2.7), hence (2.27) in Lemma 2.11 yields $\left|\Lambda_{1}\left(v_{j}, w_{j}\right)\right| \leq C\left\|v_{j}\right\|_{L^{2}}^{2}\left\|w_{j}\right\|_{L^{2}}^{2} \delta^{1 / 3} \leq$ $C \delta^{1 / 3}$. Concerning $\Lambda_{2}$, here we have

$$
\Lambda_{2}\left(v_{j}, w_{j}\right)=\int_{0}^{1} \int_{\mathbb{R}}\left|U(t) v_{j}\right|^{2}\left(U(t) v_{j}\right)\left(\overline{U(t) w_{j}}\right) d x d t=\int_{\mathbb{R}} Q\left(v_{j}, v_{j}, v_{j}\right) \overline{w_{j}} d x
$$

thus (2.28) in Lemma 2.11 results in $\left|\Lambda_{2}\left(v_{j}, w_{j}\right)\right| \leq C \delta^{1 / 3}$. For $\Lambda_{3}$ we note that

$$
\Lambda_{3}\left(v_{j}, w_{j}\right)=\int_{0}^{1} \int_{\mathbb{R}}\left|U(t) w_{j}\right|^{2}\left(U(t) v_{j}\right)\left(\overline{U(t) w_{j}}\right) d x d t=\int_{\mathbb{R}} Q\left(v_{j}, w_{j}, w_{j}\right) \overline{w_{j}} d x
$$

Therefore we can apply (2.29) from Lemma 2.11 to see that also $\left|\Lambda_{3}\left(v_{j}, w_{j}\right)\right| \leq C \delta^{1 / 3}$. Finally, to bound $\Lambda_{4}$ we have

$$
\Lambda_{4}\left(v_{j}, w_{j}\right)=\int_{0}^{1} \int_{\mathbb{R}}\left|U(t) v_{j}\right|^{2}\left|U(t) w_{j}\right|^{2} d x d t=\int_{\mathbb{R}} Q\left(v_{j}, v_{j}, w_{j}\right) \overline{w_{j}} d x
$$

Then (2.30) in Lemma 2.11 leads to $\Lambda_{4}\left(v_{j}, w_{j}\right) \leq C \delta^{1 / 3}$.
Using Lemma 4.3 in (4.22), we thus obtain

$$
\begin{equation*}
\left|\varphi\left(u_{j}\right)-\varphi\left(v_{j}\right)-\varphi\left(w_{j}\right)\right| \leq C \delta^{1 / 2}+C \delta^{1 / 3} \leq C \delta^{1 / 3}, \quad j \geq j_{0} \tag{4.23}
\end{equation*}
$$

Due to this estimate we may now proceed analogously to Section 4.1.3, cf. (4.19). From (4.23), (2.11) in Lemma 2.6, and (4.21) it follows that

$$
\begin{aligned}
\varphi\left(u_{j}\right) & \geq \varphi\left(v_{j}\right)+\varphi\left(w_{j}\right)-C \delta^{1 / 3} \geq\left\|v_{j}\right\|_{L^{2}}^{4} P_{1}+\left\|w_{j}\right\|_{L^{2}}^{4} P_{1}-C \delta^{1 / 3} \\
& \geq \hat{\gamma}^{2} P_{1}-6 \delta\left|P_{1}\right|+(1-\hat{\gamma})^{2} P_{1}-18 \delta\left|P_{1}\right|-C \delta^{1 / 3} \\
& \geq \hat{\gamma}^{2} P_{1}+(1-\hat{\gamma})^{2} P_{1}-C \delta^{1 / 3}
\end{aligned}
$$

for $j \geq j_{0}$. Since $\left(u_{j}\right)$ is a minimizing sequence, as $j \rightarrow \infty$ this yields $P_{1} \geq \hat{\gamma}^{2} P_{1}+(1-\hat{\gamma})^{2} P_{1}-C \delta^{1 / 3}$. Taking the limit $\delta \rightarrow 0$ and recalling $P_{1}<0$, we finally arrive at $\hat{\gamma}(1-\hat{\gamma}) \leq 0$, contradicting $\left.\hat{\gamma} \in\right] 0,1[$. Hence the case considered here is not possible.

### 4.4 Summary and conclusion of the proof of Theorem 1.1

At the beginning of Section 4 we have divided the argument into three cases, according to which one of the possibilities (1), (2), or (3) of Lemma 3.1 applied to ( $\hat{u}_{j}$ ) occurs. We have seen in Sections 4.2 and 4.3 that neither (2) nor (3) can hold, hence (1) is satisfied. Then the argument has been split further in Sections 4.1.1-4.1.3, depending on which alternative (1), (2), or (3) from Lemma 3.1 holds for $\left(u_{j}\right)$. It has turned out that cases (2) and (3) are impossible, whence (1) is verified both for $\left(\hat{u}_{j}\right)$ and for $\left(u_{j}\right)$. In this single case we have shown in Section 4.1.1 that the minimizing sequence has a strong $L^{2}$-limit, which is a solution of $P_{1}$. (We note that in fact it is a subsequence of $v_{j}(x)=e^{-i \xi_{j}\left(x_{j}+x\right)} u_{j}\left(x_{j}+x\right)$, for suitable $\xi_{j}$ and $x_{j}$, which has a strong $L^{2}$-limit.) Hence there is a minimizer $u \in L^{2}$ for $P_{1}$. By the Lagrange multiplier rule we then have $-4 Q(u)=2 \mu u$, where $\mu \in \mathbb{R}$ denotes the Lagrange multiplier. Taking the inner product with $u$, it follows that $\mu=2 \varphi(u)=2 P_{1}$, thus $u=-P_{1}^{-1} Q(u) \in L^{2} \cap L^{\infty}$, cf. Lemma 2.12. This completes the proof of Theorem 1.1.

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